



**The Women Outdoors Condensed Bibliography**  
**The “Best” Books Recommended by Jan Brown**  
Revised February 2009

This bibliography is a listing of the books I've most enjoyed from over 1000 books reviewed in the Women Outdoors Bibliography. Because I've found that I disagree with many other reviewers, I'll state my biases! The “best” books are well written and the women are competent, generally optimistic and uncomplaining, and interested and empathetic with the people and cultures they meet. They are not unaware of their inner feelings, but don't make introspection the focus of their writings.

**Ackerman, Diane.** *The Moon by Whale Light*, Random House, 1991. Excellent essays about bats, alligators, whales and penguins, the latter on a World Discoverer cruise to Antarctica.

**Ackerman, Diane.** *Cultivating Delight: A Natural History of My Garden*, Harper Collins, 2001. A lyrical description of her garden in upstate NY through the seasons.

**Adamson, Joy.** *Born Free*, Pantheon, 1960, Random House 1974 Raising the cub Elsa to maturity and successfully supporting her return to wild living. Wonderful photos of Elsa's behavior and relationships.

**Aebi, Tania with Bernadette Brennan.** *Maiden Voyage*, Ballantine, 1989 Thrilling account of 2 ½ year solo sail around the world by a girl who was only 18 when she started. She reflects on her chaotic childhood, meets many helpful men (and a lover) and describes numerous locales very well, especially the South Pacific and Mid East.

**Allison, Stacy with Peter Carlin.** *Beyond the Limits: A Woman's Triumph on Everest*, Little Brown, 1993. Excellent autobiography of the first American woman to climb Everest including her climbing history and personal life. Even with expedition style mountaineering, it's still not easy to summit!

**Alverson, Marianne.** *Under African Sun*, U. Chicago Press, 1987. Great book about living in rural Botswana with anthropologist husband. She and her two young sons live almost completely like natives.

**Ames, Evelyn.** *In Time Like Glass*, Houghton Mifflin, 1974. Group trip in 1971 with her

husband to Iran, Afghanistan, Nepal and India. Excellent descriptions of the locales and people and her reflections on the meaning of time and material goods as her western orientation meets the east.

**Anahareo (Gertrude Moltke).** *Devil in Deerskins: My Life with Grey Owl*, New Press, 1972, Paper Jacks Ltd. 1975. Very interesting account by this Mohawk Indian woman who lived with Grey Owl (Archibald Belaney) off and on 1925-1936. He was an Englishman who guided and trapped in Canada and was 18 years her senior. After she adopted beaver kits, he gave up trapping and turned to writing and lecturing on conservation, establishing a beaver reserve in northern Sask. and not correcting the assumption that he was an Indian. She was bored with his withdrawal when he was writing and she often took long solo canoe trips, prospecting for gold and letting others care for her daughter. Much re wilderness living in northern Que., Ont., Man., and Sask., and their relationship.

**Anderson, Joan.** *A Year by the Sea: Thoughts of an Unfinished Woman*, Doubleday, 1999. Separates from her husband and spends a year living alone in their Cape Cod cottage, writing and working in a fish market. Stays on uninhabited islands swimming with seals, walks, bikes and has a productive relationship with Joan Erikson, 90, Emphasis on finding self rather than fulfilling stereotypes.

**Anderson, Lorraine.** *Sisters of the Earth: Women's Prose and Poetry About Nature*, Vintage, 1991. An excellent collection of short essays and poems by 94 American women. There is informative bibliographic information on each woman and an annotated bibliography of almost 300 books.

**Angermeyer, Johanna.** *My Father's Island: A Galapagos Quest*, Viking, 1989. Wonderful account of her life age 10 to 16, returning to the Galapagos (Santa Cruz) to meet her relatives and learn about what happened to her father. Also about living in Quito, Ecuador.

**Arnesen, Liv and Bancroft, Ann.** *No Horizon So Far: Two Women and Their Extraordinary Journey Across Antarctica*, DaCapo Press, 2003. Towing 250 pound sleds, they travel across the land area communicating via satellite phone and lap tops with millions of children on the web. Inspiring! Ann is dyslexic too so this shows what "special needs" children can accomplish!

**Arnold, Mary Ellicott and Reed, Mabel.** *In the Land of the Grasshopper Song*, U. Nebraska Press, 1957. (Reprinted 1980) They worked for the Indian Service with the Salmon and Klamath tribes in northern CA 1908-09, showing extraordinary presence of mind in "growls" (shooting feuds) and floods and real empathy with the Indians. A highly recommended classic.

**Arthur, Elizabeth.** *Island Sojourn*, Harper & Row, 1980. Wonderful account of building a home at Stuart Lake, BC and her relationships with her husband and others.

**Arthur, Elizabeth.** *Looking for the Klondike Stone*, Knopf, 1993. Incredible detailed recollections of her summers at a Vermont camp when she was 6 to 11. Really captures how a child experiences nature.

**Arthur, Elizabeth.** *Antarctic Navigation*, Balantine Books, 1994. 776 pp + maps. Written as the fictional autobiography of Morgan Lamont who was enthralled by Robert Scott at an early age. Traces her childhood experiences, school and adult relationships that led to her leading an expedition to recreate Scott's trip to the South Pole. The author had a grant to visit Antarctica and her descriptions of it and musings on ecology, conservation and misguided American philosophy during the Gulf War are extraordinary. Bonus: one team member has Asperger's and is into smells, and another can detect magnetic fields in his head.

**Aspen, Jean.** *Arctic Daughter*, Bergamot, 1988. In 1974, Constance Helmrick's daughter and fiancé, Phil, paddle and pull their canoe up to the Brooks Range, Alaska, build a cabin and almost starve before they kill a moose. An excellent description of wilderness hardship and companionship.

**Babb, Sanora.** *An Owl on Every Post*, McCall, 1940, University of New Mexico Press, 1995. Author beautifully describes the years when she was 7 to 11, living in a one room dugout with her younger sister, parents and grandfather on a broom corn farm in the desolate prairie country of eastern CO. Intensely aware of weather, flora and fauna, relationships with family and their animals and though a very hard life (once, no food for seven days) this was a positive experience.

**Barr, Nevada.** A series of well written mystery novels published by G.P. Putnam and Avon, featuring Anna Pigeon, a park ranger. Each is set in a U.S. National Park which is described in detail.

**Barr, Pat.** *A Curious Life for a Lady: The Story of Isabella Bird, A Remarkable Victorian Traveller*, Doubleday, 1970. An excellent biography with many excerpts from Isabella Bird Bishop's books. The book to read before delving into the originals.

**Bauer, Erwin and Peggy.** *Baja to Barrow A Pacific Coast Wildlife Odyssey*, Willow Creek Press, 1995. Stunning photos of land and sea wildlife with many tips about where to see them best.

**Bauer, Peggy** (Photographs by **Peggy and Erwin Bauer**). *Wild Kittens*, Chronicle Books, 1995. Beautiful photos of bobcats, lynx, cougars, leopards, lions, tigers, cheetahs, ocelots, jaguars, margays, and clouded leopard kittens with brief text describing habitats and behavior.

**Belliveau, Jeanette.** *An Amateur's Guide to the Planet*, Beau Monde Press, 1996. Fascinating book covering budget trips to Madagascar, China, Borneo, East Africa, Japan, Polynesia, Thailand, Greece, Yucatan, Burma, Indonesia and Brazil with "lessons" to be learned about culture, environment and historical issues. Extensive references as

well as the author's knowledge of music, art and literature, make for slow but very thought provoking reading.

**Benyus, Janine.** *Northwoods Wildlife: A Watcher's Guide to Habitats*, NorthWord Press, 1989. Covers northern WI, MN and MN but applicable to parts of Canada and NE also. Excellent tips on observation and detailed descriptions of 18 habitats and what plants and animals are likely to be seen there.

**Berger, Karen and Smith, Daniel.** *Where the Waters Divide: A 3000 Mile Trek Along America's Continental Divide*, The Countryman Press, 1997 (Norton, 1993). Good description of this trek from Mexico to Canada which was done mostly by map and compass as few trails were marked or cleared at that time.

**Berton, Laura Beatrice.** *I Married the Klondike*, McClelland & Stewart, 1967. Lively account of Dawson City just after gold rush days in the 1910s and 1920s. She comes to teach kindergarten, marries an interesting man and stays on, Much about the people there, general life, camping on the Yukon etc.

**Bird, Isabella.** *A Lady's Life in the Rocky Mountains*, John Murray, 1879, (Virago, 1982). Dramatic account of very vigorous horseback trips, often with desperado Mountain Jim. Her most human book.

**Bird, (Bishop) Isabella.** *Among the Tibetans*, Fleming Revell, 1894 (The Religious Tract Society). Travels from Srinagar to Leh and Simla, often visiting Monrovia missionaries who are good people but have few converts. Wonderful drawings by her and Edward Whymper detailing e.g. clothing ornamentation at this unspoiled time.

**Bird, (Bishop) Isabella.** *The Yangtze Valley and Beyond*, John Murray, 1899, Beacon/Virago reprint 1987. At age 64 she travels up the Yangtze in small boats and by basket chair or walking, almost to Tibet. The people believe "foreign devils eat children" and she is constantly threatened and sometimes seriously attacked, but nevertheless describes the country and culture beautifully with emphasis on the often grueling labor of the peasants, bearers and trackers.

**Bird, Lydia.** *Sonnet: One Woman's Voyage from Maryland to Greece*, North Point Press, 1997. Graphic description of her solo trip to the Azores in her boat, *Sonnet*; visit with parents in Spain; and reactions to three different women who sail with her through the Mediterranean to Greece.

**Birtles, Dora.** *North by Northwest*, Beacon Press, 1987. (Originally *A Journal of a Voyage*, Jonathan Cape, 1935). An Australian woman sails for eight months with "friends" from Australia to Singapore. A great study of their psychological interactions as well as descriptions of sailing and the countries. Foreword by the author, aged 83, in 1987.

**Blanchet, M. Wylie.** *The Curve of Time*, William Backwood, 1961, Gray's, 1977, Seal

Press, 1992. Beautiful story of two summers sailing and motoring in British Columbia by a widow and her five children. No plot or chronology but a great sense of present with adventures with storms, bears, cougars and climbing.

**Bledsoe, Lucy Jane.** *The Ice Cave: A Woman's Adventures from the Mojave to the Antarctic*, Terrace Books, 2006. Interesting essays on her varied experiences in Wilderness, climbing in the West, camping in the desert, and an extended visit to Antarctica. Quite introspective but with a profound appreciation of nature.

**Blum, Arlene.** *Annapurna: A Woman's Place*, Sierra Club, 1980. A frank account of the dangers and interpersonal tensions on this successful all-women's climb. You really feel you are there! Excellent bibliography.

**Blum, Arlene.** *Breaking Trail: A Climbing Life*, Simon and Schuster, 2005. Terrific! Chronological account of her climbs and professional career as a biochemist interspersed with vignettes from her difficult childhood and prejudice she experienced professionally as a woman as well as attacks on her climbing ability by a well known person whose identity she reveals at the end. This is a real page turner and reads like a mystery story and her prose re climbing is exquisite.

**Bosanquet, Mary.** *Saddlebags for Suitcases*, Dodd, Mead, 1942. Young English woman rides from Vancouver to Montreal to New York City for year and a half, wintering over in farm in Ontario. Advance publicity smoothes her way as she stays with a variety of friendly people. World War II starts in Europe and she writes poetically of the contrast between her experiences and war. Lovely descriptions of people and places.

**Breton, Mary Joy.** *Women Pioneers for the Environment*, Northeastern University Press, 1998. Excellent brief biographies of 42 women, mainly US and contemporary, but also historical and international, who worked tirelessly, often into their 90s, for the environment. Their accomplishments are outstanding.

**Borland, Beatrice.** *Passports for Asia*, Ray Long and Richard Smith Inc. 1933. Four women and a man with cute nicknames spent 10 months hitting the high spots of Japan, China, Malaysia, Borneo, Bali, Sumatra, Ceylon, Burma, India, Persia, Azerbaijan and Turkey. They have lots of money, love to shop and eat, abhor dirt and bad manners, but some is pretty funny and they overcome incredible obstacles in getting what they want. Good for a quick overview of "musts."

**Bowen, Elenore Smith (pseudonym for Laura Bohannon).** *Return to Laughter*, Harper, 1954, Natural History Library, 1964. Slightly fictionalized account of living with a primitive tribe in West Africa with compelling description of her inability to deal with cultural differences when they threaten life.

**Brown, Dee.** *Gentle Tamers: Women of the Old West*, Putnam 1958, Bison Books 1968, 1981. A bad title for a good book which gives an excellent overview of pioneer women's experiences. Covers transport to the West, lodging, homemaking, suffrage and many

vignettes of colorful women.

**Burnford, Sheila.** *The Fields of Noon*, Atlantic Monthly Press (Little Brown) 1961. Delightful essays on nature study around her home in northwest Ontario and on her childhood in Scotland.

**Burnford, Sheila.** *Without Reserve*, McClellan & Stewart, 1969. Paperbacks pb, 1974. Clear sighted but sympathetic and very well written accounts of visits to the Cree and Ojibwa tribes of northern Ontario.

**Burnford, Sheila.** *One Woman's Arctic*, Little Brown (Atlantic Monthly), 1976. Excellent account of two summers at Pond Inlet on Baffin Island. Covers Inuit, weather, wildlife, sled travel.

**Campbell, Sue Ellen.** *Bringing the Mountain Home*, University of Arizona Press, 1996. Beautiful short essays on sensing natural surroundings and living in the present. She captures the essentials of outdoor adventures from gear to storms. Centered in the Rockies but touches on Kenya, Dominica and western deserts.

**Carbone, Claudia.** *Women Ski*, World Leisure Corp., 1994. If you're really into skiing, this is the book for you! Covers anatomical and psychological differences from men, equipment (e.g. 26 pp. on buying and fitting boots!), exercises, techniques and tips. Lists 119 ski areas that have programs for women.

**Carey, Mary.** *A-Lass-Kan Adventure*, Tex-Alaska Press, 1990. (3rd ed. 1996). Grandmother moves from Texas to Talkeetna in the 1960s to teach and then to homestead in what is now Denali State Park. Many flying adventures with Don Shelton and good words for all who helped her. Ends with piece on Susan Butcher and other good stuff.

**Carpenter, Jock.** *Fifty Dollar Bride: Marie Rose Smith - A Chronicle of Metis Life in the 19th Century*, Gorman and Gorman, 1977 (1988). Great reconstruction of her maternal grandmother's life 1861-1960. She had 17 children with her Norwegian trader husband, but most died or were killed in WW I. Much on how to homestead in Pincher Creek, Alberta.

**Carrigher, Sally.** *The Twilight Seas, A Blue Whale's Journey*. Weybright and Talley, 1975. (A fictional biography) The largest of all whales: male 110', 181 tons, female 96', 130 tons. It nurses for six months with a devoted mother who does not eat. Then they consume quantities of krill near South Georgia Island off the South America coast near Antarctica. But whalers congregate there and almost decimate the stock when they begin spotting by helicopter. Eventually it moves off Chile and its mate is hit by a swordfish. Lives of many other large sea creatures are documented too.

**Carson, Rachel.** *The Sea Around Us*, Mentor pb, 1954. Evocative description of the formation of oceans, the action of tides, etc. A wonderful book.

**Carson, Rachel.** *Silent Spring*, Houghton Mifflin, 1962. Amply documented and beautifully written book on the dangers of pesticides, especially when used indiscriminately. Favors biological controls like BT and natural enemies for control. A seminal book that led to at least some reforms in the United States.

**Cary, Bob.** *Root Beer Lady*, Pfeifer-Hamilton, 1993. A very nice tribute to Dorothy Molter who lived on Knife Lake in the Boundary Waters Canoe Area, MN from 1930 until her death in 1986. Her home-bottled root beer refreshed thousands of canoe campers each summer and her nursing skills and country cooking helped many over the decades. In turn, she received loyal help from her many friends and relatives. Of particular interest are her observations of wild life, her outstanding outdoor skills and her tough humor.

**Cassell, Joan, Ed.** *Children in the Field: Anthropological Experiences*, Temple University Press, 1987. Ten interesting vignettes by anthropologists who took their children with them to extreme places and the effect this had on their research.

**Clark, Miles.** *High Endeavours: The Extraordinary Life and Adventures of Miles and Beryl Smeeton*, Grafton Books (Harper Collins), 1991. 400 + pp. of top notch adventure travel as told by their godson from their books, letters and interviews with their friends among whom were Tenzing Norgay, Ella Maillart and Bill Tilman. Beryl, in particular, had amazing solo trips, riding across Patagonia and trekking and climbing in Asia and the Middle East. After Miles fought in Egypt and Burma in WW II, they homesteaded on Saltspring Island, B.C. and then sailed around the world in their yacht for 15 years, eventually running a wildlife farm near Cochrane, Alberta, for another 20, and reaching an inspiring old age.

**Cleaveland, Agnes Morley.** *No Life for a Lady*, Bison Books, University of Nebraska Press, 1977 (Orig. Houghton Mifflin, 1941). Wonderful stories of growing up on an open range cattle ranch in western NM in the 1880s and 1890s and her subsequent life there. Vivid character sketches and excellent writing. (The "best" of the pioneer stories).

**Coffey, Maria.** *A Boat in Our Baggage Around the World with a Kayak*, Little Brown 1994, Ragged Mountain Press, 1995. With her new boyfriend, Dag, she paddles in the remote Solomon Islands, down the Ganges, the length of Lake Malawi and tamer trips on the Danube and in Ireland. Lots of local encounters and excellent writing.

**Collins, Julie and Miki.** *Trapline Twins*, Alaska Northwest Books, 1989. Identical twins raised in the bush near Denali inherit a trapline. They grudgingly take time out for high school and college in Fairbanks and then return to trapping, using traditional sled dogs rather than snow machines. Excellent descriptions of ordeals cheerfully borne as well as racing in the Iditarod and Yukon Quest. Even animal rightists may find their zest for continuing their way of life appealing

**Cockburn, Leslie.** *Looking for Trouble*, Anchor/Doubleday, 1998. Incredible adventures as a reporter in dangerous places. Through numerous contacts meets many whom the U.S. abhors.

**Conway, Jill Ker.** *The Road from Coorain*, Vintage pb. 1989. Autobiography by the former president of Smith College of her childhood on a sheep farm in New South Wales. Wonderful portraits of the land, her family and her participation in the farm chores at an early age. They barely survive drought, her father and brother die and she faces sex discrimination in her college days in Sydney and her mother's decline. Conflict between cultural expectations and her need to excel academically and become an historian.

**Cook, Ann Mariah.** *Running North: A Yukon Adventure*, Algonquin Books of Chapel Hill, 1998. Gripping account of a NH couple's move to Two Rivers, Alaska, to prepare for his successful running of the 1000 mile Yukon Quest from Fairbanks to Dawson and Whitehorse. Very well written re relationships with fellow racers and especially with their sled dogs.

**Cooke, Hope.** *Time Change*, Simon & Schuster, 1980. Very well written autobiography. Raised by wealthy but loveless grandparents, boarding school and Sarah Lawrence, she was drawn to the East and spent time in Iran and Darjeeling where met and married the Maharaj of Sikkim and had two children. She sees herself and husband as working hard for the improvement and unity of the country (three cultures and languages). Ambivalent about her marriage and is appalled by the negative publicity controlled by India which eventually annexes the country so she returns to the United States. Finances never seem to be a factor in her extensive travels and purchases.

**Cooper, Gwen and Hass, Evelyn.** *Wade a Little Deeper Dear: A Women's Guide to Fly Fishing*, California Living Books, 1979, Lyons & Burford, 1989. Delightful book not only about fly fishing techniques and fish recipes, but about noted women anglers like Dame Juliana Berners who in 1430 wrote *Treatyse of Fysshynge Wyth an Angle*.

**Cox, Lynne.** *Swimming to Antarctica: Tales of a Long-Distance Swimmer*, Knopf, 2004. Blessed with a body that adjusts optimally to very cold water, she gives wonderful descriptions of her swims over 30 years including The English Channel, Cook Strait NZ, Strait of Magellan, Glacier Bay and Bering Strait.

**Cox, Lynne.** *Grayson*, Knopf, 2006. Written 30 years later, she recalls an experience when she was 17 and on a very early morning training swim off Seal Beach near Los Angeles. Eloquent description of realizing a lost baby gray whale was following her. She lends it emotional support until it is reunited with its mother several hours later. The ocean was teeming with life, dolphins and all kinds of fish. Now?

**Crawford, Lucy.** *History of the White Mountains*, Appalachian Mt. Club pb, 1978. Very interesting account by Ethan Allan Crawford's wife of their life as White Mt. pioneers. They experience numerous hardships e.g. their house burns down the day their baby is born and they are swindled out of their farm after he deteriorates from typhoid.

**Crisler, Lois.** *Arctic Wild* Harper & Bros., 1956. An excellent account of living in the Brooks Range, Alaska, where her husband photographed caribou migrations and they



raised wolves and a wolverine.

**Czajkowski, Chris.** *Diary of a Wilderness Dweller*, Orca Book Publishers, 1996. Amazing account of building two cabins single-handedly 1988-89 south of Tweedmuir Provincial Park, BC, 20 miles from the nearest road. Some supplies were flown in, but she mostly cuts her own lumber. Good descriptions of her treks in an out and natural surroundings. She starts a nature/ecology business.

**d'Angelville, Henrietta.** *My Ascent of Mont Blanc*, Harper Collins, 1992. Preface by Dervla Murphy. Translated from the French. In 1838, she made the first woman's ascent of Mont Blanc on her own power, wearing 21 pounds of clothing and with six guides, 25 roast chickens and a pigeon to fly back to Chamonix with the news. A determined lady who writes well. A great period piece.

**daSilva, Rachel.** *Leading Out: Women Climbers Reaching for the Top*, Seal Press, 1992. An excellent collection of 25 first person accounts, including early climbers (Underhill, Pilley, Moffat) and contemporary women involved in mountaineering and rock climbing. Includes histories of women climbing in the US west and Latin American women climbers, a comprehensive glossary of climbing terms, resources for training, and biographical notes about each contributor.

**David-Neel, Alexandra.** *My Journey to Lhasa: The Personal Story of the Only White Woman Who Succeeded in Entering the Forbidden City*, Harper & Bros., 1927, (Beacon Press pb, 1983). An amazing account of her 2000 mile trek with a young Tibetan monk, Yongdon, disguised as his mother. She is both controlling and very quick-witted.

**Davidson, Robyn.** *Tracks*, Pantheon pb, 1980. Intensely personal account of two years preparation in Alice Springs, Australia and then her camel trek across the central Australian desert to the ocean. Ingenuity and isolation are the key words. A great book.

**Davidson, Robyn.** *Desert Places*, Viking, 1996. Extreme frustration as she tries to join the Thematic Rabari in Rajasthan on a trek by camels as they move their flocks. Battered by lack of a common language, filth, overwhelming poverty, lack of privacy, corruption, and never being able to break through cultural traditions and have any control, this is very different from her Australian experience. She writes beautifully and manages to make some genuine interpersonal connections, but this is a very depressing book.

**Deane, Shirley.** *Ambon Island of Spices*, John Murray, 1979. Fascinating account of two years on a small Indonesian island where she taught English. Dramatically describes the people, food, dances, music, bugs, snorkeling, noise pollution, and trips to neighboring islands.

**Deane, Shirley.** *The Road to Andorra*, W. Morrow, 1961. Lively account by an Australian woman of living in a remote Andorran village in 1957 and on Ibiza, an island off the coast of Spain with her husband and two sons. They were eventually banished

from Spain by the Fascist government that took umbrage at her earlier book.

**DeGraf, Anna, Ed. Roger Brown.** *Pioneering in the Yukon 1892-1917*, Archon Books, 1992. She wrote her memoirs at age 85 and her great grandson edited them. She lived over 25 years in Alaska, was known as "mother" to all and was a great person.

**Denker, Debra.** *Sisters on the Bridge of Fire*, Burning Gate Press, 1993. A series of stunning journeys 1979-84 as a free lance journalist trying to get support for the Afghans against the Soviet invasion. Mostly about Afghanistan and Pakistan but also India, Hunza, Kashmir, and Ladakh. She speaks some local languages and has many local friends and passionate involvements with tears and anger.

**Dew, Josie.** *The Wind in my Wheels: Travel Tales from the Saddle*, Little Brown (UK), 1992 Warner, 1993. Intrepid young Englishwoman takes many arduous biking trips through western and Eastern Europe, northern Africa, Iceland, Nova Scotia and India as well as a charity ride the length of England and Scotland. Good equipment list.

**Dodwell, Christina.** *Travels With Fortune: An African Adventure*, W.H. Allen 1979. Amazing three years of travel in her 20s. The "boys" she drives with across the Sahara sell her Landrover but she continues on with friend Lesley around Nigeria, Cameroon, Gabon and Zaire and takes a dugout from Bangui down the Congo River to Brazzaville. Then to South Africa and eventually to Ethiopia. She hitches, rides horses and camels, and stays with a variety of tribes and settlers. Amazing grit, even when ill and only has two really bad experiences.

**Dodwell, Christina.** *In Papua New Guinea*, Oxford, 1983, (Picador/ Pan pb, 1985). Two years of travel in the New Guinea bush by foot, horse and canoe, living with the people and overcoming fantastic hardships. Well written travel classic by an intrepid woman.

**Dodwell, Christina.** *Travels with Pegasus*, Walker and Co., 1990. With pilot and mechanic, David, flies an ultralight plane through Cameroun, Nigeria, Niger, Mali, Mauritania and Senegal. As there are frequent breakdowns, she has plenty of time on the ground and rattles off one exotic adventure after another, seeming to surmount any difficulty with ease while finding instant aid and friendship. Unbelievable! Unfortunately, no photos.

**Douglas, Marjorie Stoneman.** *The Everglades, River of Grass*. Mockingbird pb, 1986 (first published 1947). A poetic description of the Everglades and the terrible havoc wrought on the Indians by the Spaniards and Americans. A seminal book!

**Dunning, Mary Parker.** *Mrs. Marco Polo Remembers*, Houghton Mifflin, 1968. As a bride in 1908-09, she and her husband travel to Japan, China, Singapore, Burma, India, Egypt, and The Near East, and later to Australia, Africa, Angkor Wat, Bali, and Nepal, the latter in 1956 when they were in their 80s. Through his personal contacts and linguistic abilities, they had many unique invitations and experiences. Her descriptions of the festival and pageants are great and give a wonderful view of events at that time.

**Dunsheath, Joyce and Baillie, Eleanor.** *Afghan Quest*, Harrap, 1961. Writing alternating chapters in a folksy, personal style, they recount their very interesting journey from England through the Middle East to the wild mountains of Afghanistan. Lots of tricky and suspenseful situations are managed with good humor.

**Earhart, Amelia.** *Last Flight*, Harcourt Brace, 1937. (Arranged by her husband, George Palmer Putnam). Taken from letters and articles, describes her childhood and growing interest in flying, first trip across the Atlantic as a passenger in 1928 and increasingly daring solo flights at a time when planes needed frequent refueling and most navigation was by visual landmarks. Her last flight of nine months around the world with a navigator is recorded in detail until the plane was lost over the Pacific. It is easy to see why her unassuming and gracious manner charmed the world and has kept her legend alive.

**Early, Eleanor.** *Behold the White Mountains*, Little Brown, 1935. Delightful account of the major sights with lots of gossipy stories about the early settlers and local legends.

**Erdman, Sarah.** *Nine Hills to Nambonkaha: Two Years in the Heart of an African Village*, Henry Holt, 2003. Wonderful description of acting as a Peace Corps health volunteer for two years in a remote village in Cote d'Ivoire nine hills away from the larger town of Ferk. She accomplished a lot by respecting the culture (Moslem, animism, sorcery) and the people.

**Fisk, Erma.** *The Peacocks of Baboquivari*, Norton, 1983. (© Arizona Nature Conservancy). 73 year old woman spends five months in remote cabin south of Tucson, AZ, netting, banding and observing birds for the Nature Conservancy. Sprightly writing; many observations of people and places.

**Fisk, Erma.** *Parrots' Wood*, Norton, 1985. (© Manomet Bird Observatory). The author, "Jonnie", now in her late 70s, spends a month in Belize helping in bird banding and baking for the more agile participants. She reminisces about her childhood in Buffalo, her happy marriage to Brad, and her many years of bird watching in Florida, Cape Cod and other locales after his death, while realistically depicting her concerns about aging. An engaging book.

**Fons, Valerie.** *Keep it Moving: Baja by Canoe*, The Mountaineers, 1986. A wonderful book full of the joys and difficulties of her first trip with Verlen Kruger around the Baja Peninsula as part of the "Ultimate Canoe Challenge." A canoeing classic!

**Forbes, Rosita.** *From Red Sea to Blue Nile*, MacCaulay, 1925. An excellent description of incredibly awful traveling conditions in Ethiopia during a feudal time when each little "prince" mandated lavish hospitality. People into money, but not time.

**Forbes, Rosita.** *Gypsy in the Sun*, Cassell & Co., 1944. Life 1920-1934 when she traveled in the Middle East, Balkans and South America, knew every royalty, talked with Hitler and Roosevelt. What a woman!

**Fossey, Dian.** *Gorillas in the Mist*, Houghton Mifflin, 1983. Wonderful descriptions of mountain gorilla behavior during her stay 1967-1983 as well as her love of all animals but not many humans unless they shared her single minded devotion to gorillas. Details her battles with poachers and corrupt officials, which probably led to her brutal murder.

**Foster, Lynne.** *Take a Hike: The Sierra Club Kid's Guide to Hiking and Backpacking*, Sierra Club Books, 1991. Good tone but information somewhat outdated.

**Frank, Katherine.** *A Voyager Out: The Life of Mary Kingsley* Ballantine, 1986. Brilliant, but perhaps too positive a biography of this wonderful woman who traveled in West Africa in the 1890s. She took care of her mother until 30, then was saddled with her younger brother so she only traveled for less than two years as she died at 37, nursing in the Boer War. Shy socially but witty writer and lecturer.

**Freston, Jill.** *Rowing to Latitude: Journeys Along the Arctic's Edge*, North Point Press, 2001 Wonderful accounts of incredible trips with her husband, Doug. She rows and he paddles a kayak. Inner Passage, Kenai Peninsula, Kotzebue almost to Wainwright, Yukon River, MacKenzie River from Hay River to the Bancroft Sea, Prudhoe Bay, Barrow and Wainwright, Labrador, Norway, Svalbard Island, west coast of Greenland. Mostly wilderness and weather.

**Fuller, Alexandra.** *Don't Let's Go to the Dogs Tonight: An African Childhood*, Random House, 2001. Growing up in a dysfunctional English family farming in remote areas of Rhodesia, Malawi and Zambia 1972-1990.

**Galdikas, Birute.** *Reflections of Eden*, Little Brown, 1995. Exceptionally well written account of her 20 years involvement with orangutans in Tanjung Puting National Park in Borneo, at first with her husband Rod, father of Binti, and then with her husband Pak Bohap, father of Fred and Jane. Much about her extended family of Leaky, Fossey and Goodall and graphic descriptions of her work in rain-drenched swamps, protecting the reserve, rehabilitating captured orangs and following wild orang families longitudinally.

**Gay, E. Jane.** *With the Nez Percés: Alice Fletcher in the Field, 1889-92*. University of Nebraska Press, 1981, Bison Books, 1987. Wryly funny letters with a great deal of sympathy for the Indians and their culture though they didn't doubt that the allotment system would be their salvation. "Her Majesty," Alice Fletcher does the allotments while The Cook (a she) and the Photographer (a he), alter egos of E. Jane Gay, do the rest. Good descriptions of camping in Idaho. (I liked this better than Mark.)

**Gellhorn, Martha.** *Travels with Myself and Another*, Eland pb, 1978. Delightful descriptions of her misadventures while traveling in Crete, China, the Caribbean, Africa and the USSR. To my surprise, I learned that she was one of Ernest Hemingway's wives.

**Gelman, Rita.** *Golden Tales of a Female Nomad Living at Large in the World*, Three Rivers Press, 2001. Separated and then divorced woman travels for 15 years visiting

Israel and the Galapagos Islands and living for longer periods in Guatemala, Nicaragua, New Zealand, Thailand and especially Indonesia. She has the knack of fitting into non-touristy locales and quickly forming an extensive friendship network as she strives to live like the locals.

**Gelman, Rita.** *Golden Tales of a Female Nomad Living at Large in the World*, Crown Publishers, 2001. 15 years of solo travel, often living with families in Mexico, Nicaragua, Israel, Indonesia, New Zealand, Thailand and Bali with trips to the Galapagos, U.S. and Canada.

**Gillespie, Janet.** *A Joyful Noise*, Harper & Row, 1971. A heartwarming account of her childhood summers on the ocean with her family in Westport, MA.

**Gillespie, Janet.** *Bedlam in the Backseat*, Partners Village Press, 2001 (1960). Five months traveling through Europe with husband and four children. Great re family interactions.

**Goodale, Jane.** *Reason for Hope: A Spiritual Journey*, Warner Books, 1999 and 2003. Her autobiography. Born 9/3/34. Her mother and grandmother were very positive influences. Met Leaky and worked at Gombe with chimps, had son "Grub" by Hugo von Lawick. Divorced and married Derek Bryson who died of cancer. Started Roots and Shoots which now has 2500 groups of young environmentalists worldwide. Lectures constantly.

**Gosnell, Mariana.** *Zero 3 Bravo*, Knopf, 1993, Simon and Schuster, 1994. Three months flying from the East Coast to the West Coast and back in her Luscombe, stopping at numerous small airports with colorful characters and exploring local attractions. Excellent descriptions of aerial views as well as hikes etc. as she is knowledgeable about flora and fauna.

**Gould, Jean Ed.** *Season of Adventure: Traveling Tales and Outdoor Journeys of Women Over 50*, Seal Press, 1996. 27 selections, some previously published, like Alexandra David-N eel, Sally Carrigher, Elinor Stewart Pruitt and Helen Thayer, and others by well known contemporaries like Judith Niemi on the Amazon and Maxine Kumin on combining riding with a poetry reading tour. A good mix of adventure travel and gentle contemplation.

**Gray, Muriel.** *The First Fifty: Munro Bagging Without a Beard*, Maristream Publishing, 1991. Delightfully funny stories of climbing the Munros (peaks over 3000') in Scotland. Maps and lovely photos but humor is the main point.

**Greenlaw, Linda.** *The Hungry Ocean*, Hyperion, 1999. Dramatic account of a "typical" two month trip to the Great Banks swordfishing. She is captain of five man crew. Deftly describes the technical aspects, e.g. choosing a spot to set the 40 miles of line by water temperature and current and dealing with interpersonal problems. Includes accounts of previous traumas. Hard work! Little sleep!

**Hadley, Leila.** *Give Me the World*, Simon & Schuster, 1958. 26 year old high-powered Madison ad exec takes off with her six year old son, Kippy. They visit Manila, Hong Kong and Bangkok, wangle their way on board a sloop with 4 men and sail to Penang, the Nicobars and Ceylon. Then they visit India and the Middle East and rejoin the boat to sail the Mediterranean and a surprise ending. Very well written. (Overlook the sappy photo on the covers!).

**Hadley, Leila.** *A Journey with Elsa Cloud*, Penguin, 1998. Dense 600 pp. account of traveling with her daughter to India in the '70s. She has multiple associations to every sight including her personal experiences and an astounding knowledge of history, literature, religions and culture. They meet the Dalai Lama on the last page!

**Hallowell Barbara G.** *Mountain Year: A Southern Appalachian Nature Notebook*, John F. Blair, 1998. Lovely photos and essays arranged by month.

**Hamilton, Helen.** *Mountain Madness*, W. Collins, 1922. Alpine mountaineering with primitive equipment.

**Hancock, Lyn.** *There's a Raccoon in My Parka*, Doubleday, 1977. Sets off with husband David to film the relocation of sea otters from Alaska to Canada, taking their pet raccoon, Rocky. Many adventures driving up there and coming back in their small boat. The actual filming falls prey to bureaucracy. (His films and lectures support their wildlife center on Vancouver Island.) Much re the many species they encounter.

**Hanner, Eloise.** *Letters from Afghanistan*, Branden Books, 2003. Letters home '71-'72 when she and her husband were young Peace Corps volunteers teaching English in Kabul. Great feel for the difficulties of daily life before the Russian invasion and the Taliban.

**Hanson, Jeanne and Morrison, Deane.** *Of Kinkajous, Capybaras, Horned Beetles, Seladangs and the Oddest and Most Wonderful Mammals, Insects, Birds and Plants of Our World*, Harper Collins 1991. Harper Perennial, 1991. 277 short essays that will have you reading out loud with "Wow."

**Hardyment, Christina.** *Heidi's Alp*, Heinemann, 1987, Atlantic Monthly Press, 1988. Englishwoman travels through Europe in a yellow van, "Bertha," with her four daughters, age five to 11 and at first a friend and her baby and then her husband. They track down the locales of children's stories like Hans Brinker, Heidi, Pinocchio and the Pied Piper, driving through Holland, Denmark, Germany, France and Italy. Much detailed historical information is interspersed with lively accounts of family interactions-- what they ate, where they stayed and how they felt. Good tips on how to balance the needs of adults and children.

**Harkness, Ruth.** *The Lady and the Panda*, Carrick & Evans, 1938 Engaging story of bringing back the first Giant Panda to the U.S. She is a NYC dress designer and decides

on an expedition to northern China/Tibet after her husband (with whom she only spent two married weeks), dies there. With lots of help from the locals, she treks into a remote area where pandas are rarely seen, and if seen are shot, and soon captures a two pound baby. Red tape and media publicity almost do them in, but Su Lin's travels have a satisfactory ending at Chicago's Brookfield Zoo.

**Hargreaves, Alison.** *A Hard Day's Summer: Six Classic North Faces Solo*, Coronet, 1994. With husband caring for her children, four and two, camping out of a van, she climbs six faces in the Alps over the course of one summer (23 1/2 hours technical climbing total), going through and around the weather. Lots of history and some photos.

**Hasselstrom, Linda** *Windbreak: A Woman Rancher on the Northern Plains*, Barn Owl Books, 1987. A wonderful contemporary account of ranching in South Dakota near Rapid City. The temperature extremes, both in one day and seasonally are unbelievable with 90s and 100s all summer though hail may ruin the garden and hay; and there can be blizzards as late as May. You'll ache through the year with her!

**Heberley, Heather.** *Weather Permitting*, Cape Catley, Ltd., 1996. Life 1963 to present on an island near Picton on the north side of the South Island, NZ. Married at 21, she had four children in five years and taught them by home schooling. Husband is a fisherman and sheep rancher. Strenuous, satisfying life describing sea rescues, visitors, accidents etc. with weather always a big factor in their plans.

**Helmericks, Constance.** *Down the Wild River North*, Little Brown, 1968, (Bergamont pb, 1989, condensed), Seal Press, 1992. Two summers canoeing on the Peace, Slave and MacKenzie Rivers with daughters Ann, 12, and Jean, 14 (later Jean Aspen). Great descriptions of teenagers as well as the trips!

**Henley, Constance Jordan.** *Grandmother Drives South*, Putnam, 1943. A 21 month, 38,674 mile trip in an Olds station wagon on the Pan American Highway around South and Central America and the U.S. by an almost 60ish grandmother accompanied by her nephew or another young man. Great scenery, atrocious roads, hospitable people (with many upscale introductions). She had incredible spunk and a very positive attitude

**Henry, Sue.** Well written murder mysteries set in Alaska. *Murder on the Iditarod Trail*, Avon, 1991. *Murder on the Yukon Quest*, Avon, 1999. *Deadfall*, Avon, 1998.

**Herbert, Marie.** *The Snow People*, G.P. Putnam, 1973. Interesting account of a year spent with her husband and toddler and the Inuits in a small village 90 miles north of the Thule Air Base in Greenland. The people were mainly living off the land and traveled by boat or dog sleds.

**Higbie, Ruth.** *A Classful of Gods and Goddesses in Nepal*, The Boxwood Press, 1988. 60 year old woman teaches science for two years with the Peace Corps in the Newar village of Banepa in Katmandu Valley, 1969-71 when the educational and living conditions were very primitive. Excellent account of her experiences with the people and

culture.

**Hill, Lynn** with **Greg Child**. *Climbing Free*, W.W. Norton, 2002. An excellent autobiography of her extensive rock climbing life in the US (Yosemite, "Gunks") and abroad with emphasis on camaraderie as well as the awesome skill involved.

**Hillard, Darla**. *Vanishing Tracks: Four Years Among the Snow Leopards of Nepal*. Arbor House/ Wm., Morrow, 1989. Excellent account of studying snow leopards by trapping and radio collaring them in remote NW Nepal with Rodney Jackson. Good descriptions of the local people.

**Hobbs, Anne** as told to **Robert Specht**. *Tisha*, Bantam pb, 1976. Comes to teach in Chicken, Alaska, in 1926 and falls in love with Fred, a half-breed. Encounters incredible local prejudice against the Indians but pluck and morality win out. Wonderful descriptions of people.

**Hobson, Sarah**. *Through Persia in Disguise*, Murray, 1973. (Originally published as *Masquerade* and recently reprinted as *Through Iran in Disguise*, Academy pb, 1982). Fascinating account of young English girl who disguises herself as a boy in Iran. Good descriptions of Moslem beliefs, art, hospitality as well as the cruelty of the men.

**Holden, Edith**. *The Nature Notes of an Edwardian Lady*, 1905, Arcade, (Little Brown), 1989. Beautifully reproduced watercolors of plants, birds and butterflies along with poems etc. arranged by month from her garden in Knole, Warwickshire, England. The author, 1871-1920, "died tragically by drowning in the Thames at Kew while gathering buds from chestnut trees."

**Holland, Barbara**. *Bingo Night at the Fire Hall*, Harcourt Brace, 1997. Wonderful description of moving to a hillside home near a small farming community 60 miles west of Washington, D.C. Describes the low key people, the many village activities, and how they are affected by creeping suburbia and the forced sale of farms.

**Holland, Barbara**. *They Went Whistling: Women Wayfarers, Worriers, Runaways and Renegades*, Random House 2001. Funny and passionate sketches including Bird, North, Kingsley, Stark, Murphy, and David-Neel.

**Holling, Clancy Holling**. *Paddle-To-The-Sea*, Houghton Mifflin, 1941. Beautifully illustrated "children's book" of a small wooden canoe that is launched in Lake Nipigon and drifts through the Great Lakes and St. Lawrence River. Excellent maps, pictures of wildlife and technical information on ships etc. encountered.

**Hooke, Nina Warner**. *The Seal Summer*, Harcourt, Brace & World, 1964. Incredible story of a gray seal's sociable interactions with people on land and water during a summer on the coast of Dorset, England.

**Hoover, Helen**. *The Long-Shadowed Forest*, University of Minnesota Press, 1998



(Thomas Crowell, 1963). Wonderful descriptions of the flora and fauna, especially birds, around their wilderness cabin in northern MN.

**Hoover, Helen.** *The Gift of the Deer*, Knopf, 1967. They feed a starving buck and she chronicles its offspring and the many other wild animals they feed, e.g. bear, lynx, bobcat, woodchuck, raccoon etc.

**Howell, Georgina.** *Gertrude Bell Queen of the Desert Shaper of Nations*, Farrar, Strauss & Giroux, 2007. Born to a wealthy family in 1868, took a first in history at Oxford in two years, climbed in the Alps, traveled around the world and fell in love with Mesopotamia, trekking throughout. Fluent in Arabic, trusted by many warring tribes and factions, major force in molding Iraq after WW I and negotiating freedom from the British rule. Promoted Faisal as king and his constitutional monarchy lasted 1921-1958.

**Hulme, Keri.** *The Bone People*, Hodder & Stoughton, 1983. Gripping Maori mythical novel, beautifully written.

**Huxley, Elspeth.** *The Flame Trees of Thika*, Wm. Morrow, 1959. Beautifully written autobiographical account of her family starting a coffee plantation near Nairobi in 1914.

**Huxley, Elspeth.** *The Mottled Lizard, Chatto and Windus*, 1962, Penguin, 1981. Lovely descriptions of the scenery and people as she continues her autobiography into her teens in Kenya. She wrote weekly articles on polo etc. for the local paper while her capable mother and visionary father kept moving on. Chronicles life and death of a tame cheetah and her adoration of safari leader, Alan.

**Huxley, Elspeth.** *Their Shining Eldorado: A Journey Through Australia*, Wm. Morrow, 1967. In-depth account of all the major cities and natural areas with emphasis on ecology. Writes wonderfully in describing both the natural world and the people. Contrasts Australia with Africa.

**Irvine, Lucy.** *Runaway*, Random House 1987. Graphic autobiography. Runs away from school at 13, hitches around England, works for her father at a hotel in Scotland, and then off to Europe where she is raped in Greece. To Israel and back and to a mental hospital and then more exotic adventures. Beautifully written and gripping re sexual feelings.

**Irvine, Lucy.** *Faraway*, Corgi books, 2001. She is invited by matriarch Diana Hepworth to remote Pigeon Island in the Solomon Islands to record the history of the Hepworths settlement there. Their 2 sons marry natives, their daughter is schizophrenic. Lucy's three sons fit right in as does she because of her positive attitude, unlike the Hepworths. Good photos and excellent about relating to different cultures.

**Jacobs, Jane Ed.** *A Schoolteacher in Old Alaska: The Story of Hannah Breece*, Random House, 1995. Hannah lived 1859-1940 and taught in Alaska 1904-1918. The editor is her great niece who at 78 revisited the places mentioned and knew Hannah before her death. She worked on the diaries then but was put off by some of the attitudes.

Hannah taught mostly west of the Kenai Peninsula to Aleuts and Eskimos and also at Fort Yukon in areas with few or no other whites. She taught domestic arts, gardening and Sunday School as well as up to 100 students, always a proper lady but with amazing energy. Bureaucracy was rampant with every expenditure needing to be approved by Washington, D.C.

**James, Janet Lee.** *One Particular Harbor*, The Noble Press, 1993. In 1973, at age 23, she has first symptoms of MS and moves from PA to Alaska to live to the fullest. Great descriptions of the country, people and her various jobs in Anchorage and the Kenai Peninsula. The disease worsens but she has one last fling scuba diving in Hawaii in 1984 before returning to PA and writing this inspiring book.

**James, Kelly.** *Dancing with the Witchdoctor: One Woman's Stories of Mystery and Adventure in Africa*, Harper Collins, 2001. Four supposedly true hair-raising adventures tracing missing persons in Kenya, Rwanda and Mozambique. Wonderful descriptions of interpersonal interactions with themes of AIDS, mountain gorillas, civil war, untamed tribes and witchcraft. Spellbinding!

**Jaques, Florence Page**, Illustrated by **Jaques, Francis Lee.** *Canadian Spring*, Harper, 1947. Great descriptions of the people, scenery, flora and fauna of the prairies and Rockies from the marshes of Winnipeg to the Canadian Rockies around Banff and Jasper, to the start of the Alaska Highway, Elk Island National Park near Edmonton and the mining town of Flin Flon.

**Jason, Victoria.** *Kabloona in the Yellow Kayak*, Turnstone Press, 1995. A young grandmother spends four summers kayaking through the Northwest Passage. The first two trips from Churchill to Repulse Bay and Repulse Bay to Coppermine were marred by her abrasive traveling companion. The second part of the book, when she travels solo up the MacKenzie River from Fort Providence to Tuk and Paulatuk and then from Paulatuk to Gjoa Haven, is much better. Her equipment included a butane curling iron and eyelash curler, but also all the essentials and she writes beautifully of the scenery, animals and people she encountered.

**Jewett, Sarah Orne.** *The Country of Pointed Firs and Other Stories*, Doubleday Anchor pb, 1956, (first published 1896). Inspiring stories of vibrant older women on the Maine coast.

**Johns, Linda.** *Sharing a Robin's Life*, Nimbus Publishing Ltd. (Halifax, N.S.), 1993. Fascinating account of living with a free-flying robin in her cabin and becoming the robin's "mate." Great writing and photos

**Johns, Linda.** *A Feathered Family: Nature Notes from a Woodland Studio*, Sierra Club, 1999. Lovely vignettes of living with birds in Nova Scotia. .

**Johnson, Cathy.** *A Naturalist's Cabin: Constructing the Dream*, Plume, 1991. Beautifully written account of the flora and fauna on 18 acres in Missouri and the simple

cabin she constructed in a walnut grove there.

**Johnson, Osa.** *Bride in the Solomons*, Houghton Mifflin, 1944 (Garden City Pub., 1946). Travels with her husband Martin in the Solomons and New Hebrides Islands about 1917-1919 though this book was written much later and probably rearranges events. Determined to photograph an actual cannibal feast, the book has a certain sensational quality, but the photos are great and she showed considerable empathy for the "primitives," considering the times.

**Johnson, Osa.** *I Married Adventure*, Lippincott, 1940. Very interesting account of her and her husband Martin's lives up to his death in an airplane crash. He sailed the South Seas with Jack London and then he and Osa traveled and photographed in the New Hebrides, Solomon Islands and East Africa in the '20s and '30s. Great photos with Osa looking pert under all circumstances.

**Johnston, Tracy.** *Shooting the Boh: A Woman's Voyage Down the Wildest River in Borneo*, Vintage (Random House), 1992. An excellently written and extremely frank book about an exploratory SOBEK trip with hordes of bees, leeches and foot rot alternating with runnable-- and unrunable-- rapids. Amazingly, they all survived and the reader gets an unblemished look at a tropical rain forest.

**Jolly, Alison.** *Lords and Lemurs*, Houghton Mifflin, 2004. A very interesting history of Madagascar in the 1900's, especially a French family that grows sisal in the southern part of the country, supports a local village and sets aside a preserve for the study of lemurs by scientists and later as a tourist destination. They practice a benign feudalism and manage to survive political upheavals because of their devotion to the country

**Jones, Ann.** *Looking for Lovedu: Days and Nights in Africa*, Knopf, 2001 She teams up with a macho man to drive from England to the south of Africa looking for a queen who supposedly presides over a matriarchal society. He just wants to go, go, go though they are often mired in mud and bureaucracy. In Nairobi she trades him for two more compatible women and they achieve success. Very well written with a lot about history and the different cultures.

**Jordan, Jennifer.** *Savage Summit: The True Stories of the First Five Women Who Climbed K2 The World's Most Feared Mountain*, Wm. Morrow, 2005. Beautifully written summary of the lives and climbs of Wanda Rutkewicz (Polish), and Chantel Mauduit (French), who died on later climbs, and Liliane Barrand (French), and Julie Tullis and Alison Hargreaves (English) who died there.

**Judson, Phoebe Goodell.** *A Pioneer's Search for an Ideal Home*, University of Nebraska Press, Bison Books, 1984, (Orig. published 1925). Left Lake Erie, NY in 1853 by train to Kansas City and then trekked in a covered wagon to Oregon where they settled near Olympia., WA. Moved to Lewis County because couldn't grow good crops and then grew too much wheat and had to live in a fort for a year while the Indians rebelled against unjust treaties. Then found their ideal home near Bellingham where she lived to 95, was

known as the "mother of Lynden" because of her good works, and had many close relations with the Indians, caring for many of their children as well as her extended family. Good description of the life of pioneers at a time when women lost the vote because of their resistance to saloons.

**Kappel-Smith, Diana.** *Wintering*, Little Brown, 1979. Beautiful descriptions of nature on her sheep-raising, sugaring farm in VT. Also goes birding on Cape May, NJ and philosophizes.

**Kappel-Smith, Diana.** *Desert Time: A Journey Through the American Southwest*, Little Brown, 1992. Evocative vignettes of the Great Basin, Mojave, Sonoran and Chihuahuan deserts. She makes geology come alive with great metaphors, and talks about the people as well as flora and fauna.

**Kappel-Smith, Diana.** *Night Life: Nature from Dusk to Dawn*, Excellent writing about the desert in AZ in summer, winter in N Dakota and spring in CT, Hawaii and LA.

**Kawatski, Deanna.** *Wilderness Mother*, Lyons & Burford, 1994. In 1978, meets and marries a "hermit" while she is manning a fire tower, and moves to a remote cabin off the Stewart-Cassier Highway near Bob Quinn Lake, B.C. He is difficult but she enjoys the wildlife, plentiful garden and visitors and writes particularly well about the children, Natalia and Ben. Sad ending when he kicks her out in 1992.

**Kingsley, Mary.** *Travels in West Africa*, Beacon pb 1988 (MacMillan, 1897) 700 + pp of witty writing on her travels, native beliefs etc. Wild adventures canoeing, trekking and climbing but her focus is on fish and "fetish." Great people descriptions as well as political analysis. Best book of all time!

**Kistner, Alzada Carlisle.** *An Affair with Africa*, Island Press, 1998. Extensive travels 1960-74 all over Africa with her husband and 2 daughters studying the beetles and bugs that co-exist with termites and ants. They endured extreme conditions of weather, wild animals and revolutions with good spirits and dedication to this unusual aspect of wildlife.

**Kirk, Ruth.** *Snow*, William Morrow, 1978. Really comprehensive. The effect of climate may be dated. Travel to the poles with a description of people and wildlife in the Arctic, dealing with blizzards and avalanches. Snow clearing and transportation in the U.S., wildlife and snow, sled dogs, reindeer, and history of skiing with each topic discussed in depth.

**Knight, Kathryn Lasky.** *Atlantic Circle*, W.W. Norton, 1986. Midwestern "Jewish Princess" marries New England seafarer and recounts in hilarious fashion their cross-Atlantic sailing trips, cruising around Scandinavia and European canals and sailing in the Caribbean and to Martha's Vineyard and Nantucket. Lots of gourmet cooking and dining and excellent descriptions of the places they visited.

**Knowlton, Elizabeth.** *The Naked Mountain*, The Junior Literary Guild, 1934, Putnam, 1935. (Reprinted *The Mountaineers*, 1979 ) "A well-written account of the 1933 German-American expedition to Nanga Parbat. This was the first time a woman was included in an attempt on an 8,000 meter peak." Arlene Blum. Terrific description of an expedition at the time equipment was minimal, "coolies" were a necessity and spirits were high-- until the most vibrant climber dies falling off a pyramid in Egypt!

**Krawczyk, Betty Shriver.** *Clayquot: The Sound of My Heart*, Orca Book Publishers, 1996. LA born, mother of eight by three husbands and a lover, recounts her whole fascinating life re struggle with religion, escape to Canada so son can avoid Vietnam draft, life in a remote cottage on Clayquot Sound, jail for protesting clear cutting.

**Langton, Jane.** *The Thief of Venice*, Viking Penguin, 1999. A good mystery set in Venice.

**Lamb, Dana** in collaboration with **June Cleveland.** *Enchanted Vagabonds*, Harper & Bros., 1938. Author and his wife, Ginger, travel for three years, 16,000 miles from San Diego to Panama in their homemade sailing canoe, often camping in remote areas and living off the land. Includes camping in the Cocos Islands. Graphic and often terrifying accounts of weather, bugs, hostile Indians, but also many joyous encounters with locals, especially in Mexico. Ginger is very much an equal partner and they show amazing versatility in dealing with every situation. Black and white photos. There is no information on June Cleveland.

**Lance, Kathryn.** *Getting Strong: A Women's Guide to Realizing her Physical Potential*, Bobbs Merrill, 1978 All you need to know about weight lifting -- how to make homemade equipment, what exercises are good for what muscle groups and what sports and how to do them. A very encouraging book. Results guaranteed!

**Lane, Rose Wilder.** *The Peaks of Shala*, Chapman and Dodd, 1924. Treks with two other women into northern Albania some 10 years after Durham, and really captures their culture in which blood feuds for honor are tempered by strict codes of hospitality. Well written.

**Lane, Rose Wilder and Dore, Helen Boylston.** *Travels with Zenobia*, University of Missouri Press, 1983. Amusing 1926 trip from Paris to Albania in a Model T Ford by Rose of *Little House on the Prairie* fame.

**Larsen, Karen.** *Breaking the Limit: One Woman's Motorcycle Journey Through North America*, Hyperion, 2007. Beautifully descriptive book about her 15,000 mile round trip in 2000 from Princeton, NJ across northern US and Canada to Alaska and return. Meets her biological parents (she was adopted at four months) and includes many vignettes of others bikers and folks she encounters as well as lyrical descriptions of scenery and weather.

**Lasky, Kathryn** Photos by **Christopher Knight.** *The Most Beautiful Roof in the*

*World: Exploring the Rainforest Canopy*, Gulliver Green/Harcourt Brace, 1997. A "children's book" with an excellent text and photos describing Margaret Lowman's work. Much better than her book!

**Lattimore, Eleanor Holman.** *Turkestan Reunion*, John Day, 1934. A belated honeymoon in 1927. She takes Trans-Siberian railway from Peking and has a horrendous trek to meet her husband near Urumchi in Chinese Turkestan (Sinkiang). Meanwhile, he has taken five months to trek across the Gobi. They travel to Turfan, then south across the Heavenly Mountains and Karakorams to Kashgar and Leh. Very positive outlook and great descriptions of the people, country and weather.

**Laurence, Margaret.** *New Wind in a Dry Land*, Knopf, 1964. Very interesting account of living in what was then the British Protectorate of Somaliland in the late 1940s as her engineer husband dug shallow water retaining basins and she translated poems and stories into English. Excellent observations on the proud people linked to Themmatic tribes and on cultural misunderstandings.

**Lawless, Jill.** *Wild East Travels in the New Mongolia*, ECN Press, 2000. Canadian woman who is newspaper editor in Ulan Bator for two years writes engagingly about many aspects of contemporary Mongolian life.

**Ledray, Linda.** *The Single Woman's Vacation Guide*, Fawcett Columbine, 1988. Descriptions of 22 trips, mostly for the well-heeled, that are fun and informative to read about. The author likes skiing (Utah, Yellowstone, New Zealand and even Morocco) and scuba diving (Australia's Great Barrier reef) but you also visit the Australian outback, Galapagos Islands, Seattle, Charleston, Bermuda, the Maine coast, Kentucky Derby and a German spa, dance on a cruise or through Spain, travel the Orient Express, Amazon River and Panama Canal, raft the Grand Canyon, solve a mystery at the Mohonk Mt. House in NY State, and dog sled in MN. Where to stay and what to eat with 1988 prices, what to see and what to buy are described in detail for each area in an enticing fashion.

**Leonard, Beth.** *Following Seas: Sailing the Globe Sounding a Life*, Time-mark Press, 1999. Sails with her boyfriend across the Atlantic Ocean and back, through the Panama Canal to Oceania, New Zealand and Australia, through the Indian Ocean to the Cape of Good Hope and home. Good photos, excellent writing about the weather and her feelings and the places they visit. A lot of technical information about sailing.

**Lessing, Doris.** *African Laughter*, Harper Collins 1992, Harper Perennial 1993 Four visits to Zimbabwe in 1982, 1988, 1989 and 1992. She had lived there as a girl and then was banned for many years. Excellent account of the changes in whites' attitudes (1982 was two years after the blacks won independence and vote.) She is perceptive re political problems, corruption etc. and bemoans the disappearance of virgin bush, but stresses the vitality and optimism of the people.

**Linnea, Ann.** *Deep Water Passage: A Spiritual Journey at Midlife*, Little Brown, 1995. She kayaks all around Lake Superior in a nine week journey with her friend Paul, or solo.

Horrendous weather, incredible stamina! Much feminist philosophy tastefully done about her two adopted Korean children and her husband. Decides to leave her husband and start a retreat, Peer Spirit, in WA with her friend Christina while continuing to mourn the death of her friend, Betty.

**Lord, Nancy.** *Fish Camp*, Island Press, 1997. Interesting essays on small scale commercial salmon fishing with her husband in Cook Inlet, Alaska. Much on local flora and fauna, geology, Native American legends (Dena'ina), ecology, and competing claims for fishing rights.

**Lomax, Judy.** *Walking in the Clouds*, Robert Hale Ltd., 1981 Parents and children aged ten, nine and five go to Nepal in the mid '70s to film the coronation. They do the Annapurna trek and others north and south of Kathmandu, staying in local homes. Good re Nepal history, the gods and goddesses of the various religions and local attractions.

**Lowell, Joan.** *The Cradle of the Deep*, Simon and Schuster, 1929. Fascinating account of growing up on a sailing ship age 1- 17 as her father/Captain freighted in the South Seas. She thrived under the harsh discipline, emulating the sailors, but eventually feels romantic urges.

**Luchette, Cathy** in collaboration with **Carol Olwell.** *Women of the West*, W.W. Norton, 2001 (1982). Excerpts from diaries and 150 black and white photos of women pioneers.

**MacCartney, Lady.** *An English Lady in Chinese Turkestan*, Oxford University Press, 1985 pb, (first published 1931). Vast hardships in getting to and from Kashgar where she lived 17 years as a bride and mother. Well written.

**MacIsaac, Ron & Champagne, Anne, Eds.** *Clayquot Mass Trials: Defending the Rainforest*, New Society Publishers, 1994. Eloquent quotes and photos of 300 of the 800 people, mostly women, who were arrested and tried for criminal trespassing when they defied an injunction and blocked logging truck access to clear cutting the last remaining temperate rain forest on Vancouver Island's west coast. Short sighted government policies have never been more clearly exposed.

**Maillart, Ella.** *Forbidden Journey: From Peking to Kashmir*, translated by Thomas McGeevy. Heinemann, 1937, Century Hutchinson pb, 1984. Very interesting French-Swiss woman travels across Chinese Turkestan to Hunza with Peter Fleming, an English Times correspondent. A lot on the political turmoil and little on their substantial hardships. Introduction by Dervla Murphy is excellent.

**Maillart, Ella.** *The Land of the Sherpas*, Hodder & Stoughton, 1955. Small but lovely book re the Khumbu region and shrines around Katmandu. Clarifies customs and relates them to Alps etc. Many black and white photos. Trip made in 1950 when Nepal had just opened up.

**Margolis, Susanna.** *Adventuring in the Pacific*, Sierra Club Books, 1988. A

comprehensive and well written guide to the islands of Polynesia, Melanesia and Micronesia. She covers history, culture, climate and transportation for each island with a special emphasis on hiking and scuba/snorkeling possibilities, all of which she personally experienced during her many months of travel in the area.

**Markham, Beryl.** *West with the Night*, Houghton Mifflin, 1942, North Point Press, 1983. Wonderful description of life with her father on a Kenya farm, horse training, flying and scouting for elephants with Blix, and her flight over the Atlantic.

**Marks, Jason.** *Around the World in 72 Days: The Race Between Pulitzer's Nellie Bly and Cosmopolitan's Elizabeth Bisland*, Gemittarius Press, 1993. Sponsored first class by rival publications, they left New York City in November, 1889, Bly traveling east and Bisland west via train and steamer in an effort to beat Phileas Fogg's 80 Days Around the World. Both kept extensive diaries and were acute observers of the people and places they visited with Bisland's prose more flamboyant. Their contrasting perceptions of the same sights are particularly interesting. Both endured horrendous ocean crossings, but Bisland received false information in France about a ship to the U.S. so Bly "won" and got all the credit. Marks' comments about the historical context are well done and this is a very interesting book.

**Martin, Martha.** *O Rugged Land of Gold*, MacMillan, 1953. Extraordinary autobiographical story. Separated from her husband by a storm, she is badly hurt in a landslide, falls off their boat into the freezing ocean, winters alone and has a baby. Fortunately, their mining camp was well supplied with food.

**Maxwell, Jessica.** *I Don't Know Why I Swallowed the Fly*, Sasquatch Books, 1997. After a fishing trip to Mongolia, she takes up fly fishing seriously in western U.S. rivers. By turns funny and serious, this is a very well written book and compelling in her passion.

**Maxwell, Nicole.** *Witch Doctor's Apprentice*, Citadel, 1990 (1961, 1975). Most interesting account of collecting native healing plants along tributaries of the Amazon River in Peru. She had the ability to gain the trust of native peoples but found pharmaceutical companies disinterested in her startling discoveries such as a three year contraceptive, since they would not result in financial gain. Later additions to her original book recount her continuing quest for medicines while living in Iquitos.

**Mazuchelli, Nina.** *The Indian Alps and How We Crossed Them*, Longmans, Green and Co., 1876. A remarkable tome (5+lb., 600+ pp.), beautifully illustrated with her line drawings and washes. She and her husband lived in Darjeeling for two years and trekked into the Kanchenjunga for two months with a large retinue carrying iron beds, heavy tents, and sometimes her in a "dandy" (litter) though she often walked or rode. They almost run out of food and use rum and brandy as a cure-all. Excellent descriptions ( a great vocabulary builder!) of individual people, their clothes and the scenery and quite advanced views for the times re religion and relationships.

**McCairen, Patricia C.** *Canyon Solitude: A Woman's Solo River Journey Through the*



*Grand Canyon*, Seal Press, 1998. Experienced rafter solos through the Grand Canyon, lyrically describing the scenery, campsites and hikes and her successful struggle to achieve an authentic personal identity and break free of the identity imposed by her domineering mother.

**McNair, Matty.** *On Thin Ice: A Woman's Journey to the North Pole*, North Woods, Iqaluit, 1999. She and her co-leader, Denise Martin, lead five relay teams of four British women each on an 80 day trek from Ward Hunt Island to the North Pole. They are resupplied at each change by airplane. Excellent description of the rigors of the trip, the women who participated, and the drop in morale caused by the support team's radio messages.

**McQuillan, Karen.** *The Cheetah Chase*, Random House 1994, Ballantine pb 1995. Gripping murder mystery set in Kenya which combines violence and sex with a lot about current politics, wild life conservation and animal behavior as Jazz Jasper, a woman who runs custom safaris, explores motives and methods, meeting many interesting people of all classes and races along the way.

**Mead, Margaret.** *Blackberry Winter: My Earliest Years*, Wm. Morrow, 1972. Forthright discussion of her childhood, three marriages, birth of daughter and granddaughter as well as her field work in Samoa and New Guinea.

**Merrick, Elliott.** *Northern Nurse*, Scribner, 1942, The Countryman Press, 1994. A biography of Kate Austen, 1897-1989 by her husband. A native Australian, she chafed at a well-paying nursing job in Paris, and joined the Grenfell Mission for a two year stint at Indian Point and North West River, Labrador in 1929-30. Wonderful descriptions of the people and country and of her amazing stamina and compassion at a pre-antibiotics time when nurses really nursed!

**Middleton, Ruth.** *Alexandra David-Neel: Portrait of an Adventurer*, Shambhala, 1989 pb. A good biography with emphasis on the continuity of her spiritual search. Many photos.

**Miller, Christian.** *Daisy, Daisy: A Journey Across America on a Bicycle*, Routledge & Kegan Paul, 1980. A not-so-old English grandmother bikes from VA to OR in 1960 on a small folding bike, camping out along the way. Wonderful descriptions of the people she meets (I laughed out loud again and again), and an eye-opener on how a "foreigner" sees what we take for granted.

**Miller, Dorcas.** *Adventurous Women: The Inspiring Lives of Nine Early Outdoors Women*, Pruitt Publishing Co., 2000. Covers Martha Whitman, E. Pauline Johnson, Annie Peck, Dora Keen, Grace Gallatin, Elinor Pruitt Stewart, Mary Roberts Rinehart, Mary Jobe (Ackley), Marion Parsons.

**Miller, Luree.** *On Top of the World: Five Women Explorers in Tibet*, Paddington Press, 1976. The Mountaineers, 1984. This is the classic book that first fired the imaginations

of many of us! Biographies of Nina Mazuchelli who was carried in a litter from Darjeeling, Annie Taylor, missionary in China, Isabella Bird Bishop, Fanny Bullock Workman and Alexandra David-Neel.

**Minatoya, Lydia.** *Talking to High Monks in the Snow: An Asian American Odyssey*, Harper Perennial, 1993. (Harper Collins, 1991). Beautifully written vignettes on her Japanese/ American experiences and the lives of her Japanese mother and grandmother. She grows up in Albany, NY, teaches in Boston, Okinawa and China and has a month of adventure travel in Nepal.

**Montgomery, Sy.** *Walking with the Great Apes: Jane Goodall, Dian Fossey, Birut Galdikas*, Houghton Mifflin/Peter Davison 1991. Excellent writeups of these three women who were protégés of Louis Leakey (Goodall on chimpanzees and Fossey on mountain gorillas in Africa, Galdikas on orangutans in Borneo), including much personal material and emphasizing their "feminine" approach, i.e. a personal relationship with individual animals. They differed widely in their styles of protecting animals, Goodall through mass media, Fossey through "African" counter-violence and Galdikas through working within the Indonesian culture.

**Montgomery, Sy.** *Spell of the Tiger: The Man-Eaters of Sundarbans*, Houghton Mifflin, 1994. Four trips to study the tigers in the mangrove swamps between India and Bangladesh, often complicated by lack of a translator as she was interested in the myths and legends of the locals. The tigers, unlike those in other areas, silently attack both on land and water but are revered and not hunted.

**Montgomery, Sy.** *Journey of the Pink Dolphins: An Amazon Quest*, Touchstone, 2001. Four trips to different parts of the Amazon with knowledgeable natives and scientists.

**Moore, Kathleen Dean.** *Riverwalking: Reflections on Moving Water*, Harvest (Harcourt Brace), 1995. Lovely essays on river adventures, mostly in Oregon, from wading to fly fishing to white water rafting with her husband and children.

**Moran, Bridget.** *Stoney Creek Woman: The Story of Mary John Sai'K'Uz Ts'eke*, Tillicum Library, 1988. Life of 80 year old Indian woman near Vanderhoof, B.C. Told in the first person (so there should have been joint authorship?). She was shipped off to residential school (porridge and whippings) and had an arranged marriage at 16. Many of her 12 children die of TB. She battles the racism of the whites toward her tribe, the Carrier Indians (because they carried around ashes of dead relatives) and teaches native culture. She was eventually named citizen of the year in Vanderhoof and celebrated her 50th wedding anniversary.

**Morin, Nea.** *A Woman's Reach*, Dodd, Mead or Spottiswoode, 1968. Well told accounts of climbs in Great Britain, in the Alps with her French husband and then with her children. Member of the 1959 Ama Dablam expedition. She knew everybody in the climbing world (Miriam Underhill sent her family Christmas packages during the war). Lengthy appendix of the history of women's ascents and good photos.

**Morrell, Virginia.** *Ancestral Passions*, Touchstone, 1996. A wonderful account of the archeological discoveries of the Leakey family. It reads like a murder mystery!

**Morris, Holly, Ed.** *A Different Angle: Fly Fishing Stories by Women*, The Seal Press, 1995. Essays and stories by 17 women with compelling descriptions of the enchantment of fly fishing.

**Morris, Holly.** *Adventurous Divas: Searching the Globe for a New Kind of Heroine*, Villard, 2005. Visits Cuba, Malaysia, India, the Matterhorn, New Zealand, Niger and Iran filming unusual and strong women like Keri Hulme. Very well written.

**Morris, Mary, Ed.** *Maiden Voyages*, Vintage, 1993. Excerpts from books by 53 women travelers with some biographical information on each but no publisher or date. (Almost all the books are in the Women Outdoors Bibliography.) Most of the excerpts give a flavor of the author's style so this is a good place to browse.

**Morton, Alexandra.** *Listening to Whales: What the Oceans Have Taught Us*, Ballantine Books, 2002. 25 years of research into whale vocalizations, mostly on the east coast of Vancouver Island. Fascinating work as she could identify individuals. Emphasis on ecology at the end as Atlantic salmon in fish farms devastate wild salmon and she becomes an outspoken environmentalist.

**Motley, Mary.** *Home to Numidia*, Longmans, 1964. Living in small Arab village 300 miles south of Algiers.

**Motley, Mary.** *Devils in Waiting*, The Viking Press, 1960. Two years in French Congo in the 1930s.

**Mowat, Farley.** *Woman in the Mists*, Warner Books, 1987. A gripping and perhaps a bit sensational biography of Dian Fossey with material taken mostly from her personal diaries recounting her love affairs and endless struggle to protect "her" mountain gorillas not from poachers but tourists.

**Muller, Karin.** *Hitchhiking Vietnam*, The Globe Pequot Press, 1998. Traveled everywhere for seven months with particularly good experiences with the Hmong hill tribes. Elsewhere, there was much exploitation of tourists so though she stayed only in run down accommodations, she managed to spend \$6000. She joined in local farming activities, tried to save endangered animals for sale in the markets, and projects a very positive attitude in this well written book.

**Muller, Karin.** *Along the Inca Road: A Woman's Journey into an Ancient Empire*, Adventure Press, National Geographic, 2000. Many adventures in Ecuador, Peru and Bolivia.

**Murphy, Dervla.** *Wheels within Wheels*, John Murray, 1979 (Reprinted Penguin pb,

1981). Wonderfully sensitive account of growing up in a small Irish town, caring for her crippled mother with only occasional bike trips until her 30s.

**Murphy, Dervla.** *Full Tilt*, John Murray, 1965, (Reprinted Century Hutchinson pb, 1983). A gripping account of her bike trip from Ireland to India. Mostly on her adventures in Afghanistan and Pakistan including Swat and Gilgit. Incredible hardships and much admiration for Moslem men.

**Murphy, Dervla.** *The Waiting Land: A Spell in Nepal*, John Murray 1967, (reprinted Century Hutchinson pb, 1987) Unflappable good humor as she spends seven months with the Tibetans in Pokhara and treks in Langtang. Another good one!

**Murphy, Dervla.** *On a Shoestring to COORG*, John Murray, 1976, (Reprinted Century Hutchinson pb, 1985). Through southern India with her charming five year old daughter Rachel. Very perceptive of Hinduism and cultural differences.

**Murphy, Dervla.** *Where the Indus is Young: Walking to Baltistan*, John Murray, 1977, (reprinted Century pb 1984, Arrow pb 1987) Treks in winter with Rachel, 6. People not very bright, everything arid and poor, but the mountains are beautiful.

**Murphy, Dervla.** *Eight Feet in the Andes*, John Murray, 1983, (Reprinted Century pb, 1985) Traveling in Peru with 9 year old Rachel they meet withdrawn Indians, bugs, bad weather and no food with good spirits.

**Murphy, Dervla.** *The Ukimwi Road: From Kenya to Zimbabwe*, The Overlook Press, 1995 (John Murray, 1993). On her mountain bike at age 60, she travels with minimal luggage from Nairobi through Uganda, Tanzania and Malawi to Zimbabwe where she is felled by malaria. Mostly about conversations with people about AIDS and politics, rather than about scenery and wildlife, but her spirit is terrific and she copes adeptly with weather, bugs and bureaucracy. She feels Westerners have destroyed stable tribal cultures and with men measuring virility by the number of their children and sexual exploits while doing little work, the outlook is dismal. Ukimwi = AIDS.

**Murphy, Dervla.** *One Foot in Laos*, John Murray, 1999. Extensive travels by bike and walking.

**Murray, Nina Chandler.** *The Cruise of the Blue Dolphin: A Family's Adventure at Sea*, The Lyons Press (Globe Pequot), 2002 At age 13 in 1933, she sails with her parents, paternal grandmother, two brothers, a sister, and crew, from South Carolina to many Caribbean islands, through the Panama Canal and to the Cocos Islands and Galapagos, then home. Great writing and detailed descriptions from her diary and family letters of interactions with family and on shore, and especially their amazing adventures in the Pacific Ocean.

**Mustoe, Anne.** *Lone Traveller: One Woman, Two Wheels and the World*, Swan Hill 1998, Virgin Books, 2000. A second bike trip around the world but arranged by topic

rather than chronologically. Covers Australia, especially the outback, China and the Silk Route including the Gobi Desert and Karakoram Highway, and the Amazon by boat. Lots of good and bad (mostly good) experiences. Now in her 60s and a remarkable woman.

**Mytinger, Caroline.** *Headhunting in the Solomon Islands Around the Coral Sea*, MacMillan, 1942 Account of two years with her friend Margaret Warner, “capturing heads” to paint to illustrate different types. She writes wonderfully and can describe the physical characteristics of people very well. Witty.

**Nearing, Helen and Scott.** *Living the Good Life: How to Live Sanely and Simply in a Troubled World*, Helen Nearing 1954, Schocken Books, 1970. Account of building a stone house, gardening and cooking in Jamaica, VT, where they lived for 19 years after surviving McCarthy era attacks.

**Nielson, Jerri with Vollers, Mary Anne.** *Icebound: A Doctor's Incredible Battle for Survival at the South Pole*, Hyperion, 2001. ER MD divorced mother whose three children won't contact her, is off to the South Pole for a year with 6-9 months total darkness and temperatures to -100. Forty-seven winter over from many ethnic backgrounds and develop real congeniality. (Lots of liquor on hand.) She gets special air drop for chemical for breast cancer and is flown out a week earlier than usual. Good description of what life is like in most unusual circumstances. (Though they do have e-mail.)

**Niemi, Judith and Wieser, Barbara, Eds.** *Rivers Running Free: Stories of Adventurous Women*, Bergamot, 1987, Seal Press, 1992. A super collection of canoeing stories, historical and contemporary, wilderness and urban. Must reading!

**Norman, Howard (Translator).** *The Wishing Bone Cycle: Narrative Poems of the Swampy Cree Indians*, Ross-Erikson, 1972, Rev. 1982. Very interesting poems from the Indians of northern Manitoba describing how personal names etc. were given. An authentic and different way of experiencing the world.

**North, Marianne.** *A Vision of Eden*, Royal Britain's Gardens, 1980. A fascinating condensation of her autobiography, 1830-1890. After the death of her father, to whom she was devoted, traveled world-wide under extreme conditions to do botanical paintings which are housed in a gallery in Kew Gardens.

**Ogilvie, Elizabeth.** *My World is an Island*, Down East Books, 1990 (1950). Life on Gay Island near Rockport, ME with friend Dot and delightful cats, dogs and sheep. Lovely descriptions of surroundings, fixing up their old house and visiting with relatives and friends.

**Olds, Elizabeth.** *Women of the Four Winds: The Adventures of Four of America's First Women Explorers*, Houghton Mifflin pb, 1985. Lives of Annie Peck (climbs in Peru), Delia Akeley (African exploration), Marguerite Harrison (spy in USSR and film maker in Persia), and Louise Boyd (polar exploration). Well done, especially Annie Peck.

Olschak, Blanche, photography by Gansser, Ursula and Augusto Bhutan Land of Hidden Treasure Hallway Verlag, 1969, Stein & Day, 1971. Gorgeous photos emphasizing traditions and scenery of the country. The text further illuminates the photos, but doesn't describe their extensive travels.

**Overbeck, Alicia.** *Living High*, Appleton Century, 1935. Life in remote mining camps in Bolivia's Altiplano in the 1920s. Very well written re descriptions of the country and people, relationships with fellow "gringos" and the local staff though cultural attitudes of the times are sometimes grating.

**Owens, Delia and Mark.** *Cry of the Kalahari*, Collins, 1985, Fontana pb 1986. Engrossing account of their research 1974-1981 in a remote area of Botswana. They were intimate with brown hyenas, lions, jackals and many other birds and animals and their writings led to a major emphasis on wild life conservation and tourism in this country (300,000 visitors in 1990).

**Owens, Delia and Mark.** *The Eye of the Elephant*, Houghton Mifflin, 1992. Extreme frustration in Zambia's North Luangwa National Park as they battle by plane, truck and foot to stop the slaughter of animals by local villagers and game scouts, all supported by corrupt officials. The ivory ban and a change. of government help and things look a little better by the end as cottage industries and other sources of meat are developed. Great writing about the animals, people, and their own marital tensions caused by their incredible efforts.

**Paine, Sheila.** *Afghan Amulet: Travels from the Hindu Kush to Razgrad*, Wyatt (St. Martin's Press) 1994. Four trips over two years as a 62 year old indefatigable English woman looks for the historical origins of embroidery and an amulet on a tribal dress. Her amazing travels take her to Chitral and Gilgit on the Karakoram Highway, southern Pakistan, Iran, Iraq, Afghanistan, Turkey and Bulgaria with most areas in dire poverty and anarchy Her coping ability is great!

**Pares, Bip.** *Himalayan Honeymoon*, Hodder & Stoughton, 1940. Trekking in Sikkim with her husband, spending part of the time with the 1938 British Everest team. Lovely line drawings of scenery and portraits of men like Eric Shipton.

**Peck, Annie.** *A Search for the Apex of America High Mountain Climbing in Peru and Bolivia including the Conquest of Huascarán with some Observations on the Country and People Below*, Dodd, Mead, 1911. Remarkable saga of her attempts to climb Huascarán and other mountains in South America. She was indomitable; her male escorts were not, to her intense frustration. Well worth reading

**Pickard, Nancy.** *The Blue Corn Murders*, Dell, 1999. Good characterizations of staff and participants on a women's archeological hiking trip in the Four Corners area.

**Pilley, Dorothy (Mrs. I. A Richards).** *Climbing Days*, Secker & Warburg, 1935 or

Harcourt, Brace, 1953. Excellent description of climbing all over Europe. Details earlier climbs in the Alps by women.

**Resnick, Laura.** *A Blonde in Africa*, Alexander Books, 1997. An eight month overland journey by Bedford truck with Guerba Expeditions, traveling from Morocco to South Africa in 1993. The author, a romance novelist, graphically describes her difficulties with bugs, illnesses, dirt, fellow travelers and her own crankiness while giving excellent descriptions of all the countries and people they visited including capsule summaries of history and politics. Much on wildlife like mountain gorillas and game parks. The books needs to be read with a map but otherwise provides a terrific look at present day traveling in really difficult areas.

**Rich, Louise Dickinson.** *We Took to the Woods*, Lippincott, 1942., *Down East* 1975. A cheerful account of living in Maine with her husband, son and hired man. They ferried boats and supplies on a 5 mile tote road between lakes near Upton. Good recipes and good attitude.

**Rich, Louise Dickinson.** *Happy the Land*, Lippincott, 1946. Lovely descriptions of people and the country at Forest Lodge on Rapid River and Pine Point on Lake Umbagog. After her husband, Ralph, dies suddenly, she spends part time in Upton, Andover and Rumford Point as well as working in a hotel.

**Rich, Louise Dickinson.** *The Peninsula*, Lippincott, 1958. Delightful account of the land, people and lobstering in Gouldsboro, ME near Acadia Park. At the time of writing, there had been little change in 100 years as she records the language, recipes and general customs.

**Rich, Louise Dickinson.** *The Natural World of Louise Dickinson Rich*, Dodd Mead, 1962. Lovely account of her childhood nature adventures in southern MA near RI's Hockamock Swamp, then her adult life at Forest Lodge and on the ME coast. Great observations of animals like toads and her pet skunk and a positive philosophy much like Gladys Taber. A wonderful lengthy account of her childhood in Bridgewater, MA, about 1910-1920 is *Innocence Under the Elms*, Parnassus Imprints. 1983 (first published 1955).

**Richards, Eva Alvey.** *Arctic Mood*, The Caxton Printers Ltd., 1949. An excellent account of teaching and nursing in the small high Arctic, Inuit Alaskan village of Wainright in 1924-25 (the only white there). Though her year's supplies were brought by ship, all the Inuit lived off the land and she is very sympathetic to their way of life.

**Richardson, Nan and Chermayeff, Catherine.** *Wild Babies*, Chronicle Books, 1994. 36 stunning photos accompanied by interesting text illustrating various baby rearing patterns from armadillos, bees and bats to pademelons.

**Riddles, Libby and Jones, Tim.** *Race Across Alaska*, Stackpole Books, 1988. An exciting day by day account of her 1985 Iditarod win with graphic descriptions of the weather, terrain, dogs, morale and general exhaustion. Tim Jones fills in with well written

background information. Must reading for anyone who might underestimate Susan Butcher's later achievements.

**Ridgeway, Rick.** *The Last Step: The American Ascent of K2*, The Mountaineers, 1980. Well written and unusually frank account of the interpersonal difficulties during this strenuous climb which included Jim Whittaker's wife Dianne Roberts, Cherie Bech and her husband and the recently widowed Diana Jagersky.

**Rizvi, Janet Ladakh.** *Cross Roads of High Asia*, Oxford U. Press, 1998. A very complete guide covering routes, wildlife, history, culture and religions. Good photos and an extensive bibliography.

**Robinson, Jane.** *Wayward Women*, Oxford U. Press, 1990. Page-long biographies of 400 women who wrote travel books in English, mostly in the 19th century. Arranged by "why" they traveled and cross indexed for location, with complete references for every book each woman wrote. The biographies are consistently witty and well written and this book is a stunning achievement by the author who "first began collecting books at the age of 7 when a local library banned her for using a jam tart as a bookmark."

**Romano-Lax, Andromeda.** *Searching for Steinbeck's Sea of Cortez: A Makeshift Expedition Along Baja's Desert Coast*, Sasquatch Books, 2002. With husband, children aged 5 and 2 and unwilling brother-in-law, this Alaskan family sails down Baja in an ancient sailboat, stopping to investigate the tide pools Steinbeck et.al... explored in 1940. Then the nuclear family hitch and kayak to the north of the Gulf. Very well written.

**Russell, Mary.** *The Blessings of a Good Thick Skirt*, Collins, 1988. Comprehensive chapters on early travelers (pilgrims etc.), fliers, sailors, climbers, and women who lived in the Middle East, followed by "feminist politics" chapters on following vs. leading, duty, risks and dangers etc. and some insightful comments on the difference between men and women travelers. (Women are... "those who weave in and out among the lives of people they encounter along the way, picking up, during their odyssey, a stitch here and a pattern there so that they return wearing cloaks embroidered with the rainbow of the world." p. 211). Excellent photos and bibliography.

**Sackville-West, Vita.** *Passenger to Teheran*, Hogarth 1926, Harper Perennial 1992. Great writing about travel writing as well as her trip via Egypt and India to join her husband in Persia.

**Salak, Kira.** *Four Corners: One Woman's Solo Journey into the Heart of Papua New Guinea*, Counterpoint, 2001. She seeks extreme adventures looking for an untouched paradise, but after grueling trips in Mozambique and Papua New Guinea which she crosses from south to north via the Fly and Sepik Rivers, she realizes contentment starts within.

**Scarr, Josephine.** *Four Miles High*, Victor Gollanz, 1966. A delightful book describing an overland drive by two English women to Nepal and climbing by an all- women team



on the Kulu and Lagdula expeditions.

**Schaffer, Mary T.S.** *A Hunter of Peace: Old Indian Trails of the Canadian Rockies and the 1911 Expedition to Maligne Lake*, Whyte Foundation, Banff, 1980 (originally Putnam, 1911). Wonderful accounts of her travels in the Canadian Rockies in the early 1900s.

**Schreider, Helen and Frank.** *20,000 Miles South: A Pan American Adventure*, Doubleday, 1957. A drive from Circle, Alaska to Terra del Fuego in an amphibious jeep. Amazing!

**Scherman, Katharine.** *Spring on an Arctic Island*, Victor Gollanz, 1956. Very well written account of nature study in June and July at Pond Inlet and on Bylot Island.

**Schmidt, Lynda.** *Time Out of Mind: Trekking the Hindu Kush*, TBW Books, 1979. A graphic description of a disastrous trek with an unnamed travel company--a classic on poor leadership and organization. Read this if you harbor overly romantic ideas about Himalayan trekking!

**Scott-Stokes, Natascha.** *An Amazon and a Donkey*, Century, 1991. Well told account of trekking alone across the Peruvian Andes in 1989 and then traveling down the Amazon by boat.

**Selby, Bettina.** *Riding the Mountains Down*, Unwin pb, 1985. 47 year old woman from Great Britain bikes from Karachi to Sikkim dealing with hostile boys and men, dirt, thirst and food. Quite funny in parts though eventually she gets ill and can't really enjoy Nepal.

**Selby, Bettina.** *Riding to Jerusalem*, Peter Bedrick, 1986. Biking from England through Europe, boat to Istanbul and then biking along the coast of Turkey to Syria, Jordan and Israel, following the routes of Crusaders and Christianity. Good historical information and present day descriptions.

**Selby, Bettina.** *Frail Dream of Timbuktu*, John Murray, 1991 Beautifully written account of the land and people as she travels by bike and pirogue following the Niger river in Niger and Mali with graphic but charitable descriptions of the travel difficulties

**Selby, Bettina.** *Beyond Ararat: A Journey Through Eastern Turkey*, John Murray, 1993. Biking from Istanbul along the Black Sea and south through Kurd country to below Lake Van. Excellent descriptions of historical monuments, people, scenery and cultural clashes between Turks and Kurds.

**Shields, Mary.** *Sled Dog Trails*, Pyrola Publishing, 1984. Recounts in a low key way, her Iditarod race in 1974 when she was the first woman to complete the race, as well as many other sled dog trips in Alaska with her partner, John.

**Siegert, Barbara.** *Bicycle Across America*, Nicolin Fields, 1996. Older couple describe

five long-distance bike trips along the Atlantic and Pacific coasts, down the Mississippi River and cross country on northern and southern routes. Some tips on gear etc. but more on funky places and people.

**Simeti, Mary Taylor.** *On Persephone's Island: A Sicilian Journal*, North Point Press, 1986. This American author settled and married in Sicily in 1962 and raised their two children there. Very nice writing about "ex-pats" feelings as well as the country, festivals, seasonal changes, wine making, and the Mafia.

**Simpson, Dorothy.** *The Island's True Child: A Memoir of Growing Up on Criehaven*, Down East Book, 2003. Niece transcribes diaries of Dorothy Simpson in the early 1900s when she lived on a very small island 20 miles from Rockport, ME. Oldest of eight children, she was sensitive to nature and preferred fishing and lobstering with her stern but beloved father to more traditional women's work. An excellent picture of life in this remote setting at this time.

**Simpson, Myrtle.** *Home is a Tent: Family Travels in the Arctic and Equatorial America*, Victor Gollanez, 1964 with husband who is studying the adrenal gland, she treks to Spitzberger in far northern Norway for several months with baby Robin. A visit and then camping on an uninhabited peninsula in Iceland with their 3 children and then to Dutch Guiana at the headwaters of Marowini River with Robin and Bruce, living with native tribes and Djukers. Great photos of their beautiful blue eyed curly headed baby and natives.

**Singer, Caroline and Baldrige, Cyrus LeRoy.** *Half the World is Isfahan*, Oxford U. Press, 1935. A collector's item with beautiful paintings and sketches by him and excellent, witty text by her as they travel all over Iran. Much re history, religion, bureaucracy, women's concerns and the people they meet or observe.

**Sisson, Edith.** *Animals in the Family: Tales of our Household Menagerie*, Globe Pequot, 1990. Lovely stories and photos of her years of raising many common "wild" animals such as raccoons, squirrels, geese, skunks and birds in Concord, MA. Good advice on precautions and how to care for these animals.

**Smeeton, Beryl.** *The Stars My Blanket*, Horsdal & Schubart, 1995. Wonderful descriptions of riding through Patagonia and trekking from Rangoon to Bangkok in the '30s. She enlisted locals as guides, stayed with local families, and surmounted massive obstacles.

**Smeeton, Beryl.** *Winter Shoes in Springtime*, Horsdale & Schubart, 1995. Intrepid and wonderful solo travel in the '30s across India, Persia and Russia, then trans-Siberian railroad and south to Hong Kong and then Hong Kong to Rangoon. The title refers to her wearing the "wrong" shoes in China for the season

**Spidel, Carol.** *In the Shadow of the Sacred Grove*, Vintage pb 1989. Lovely account of living in a village on the Ivory Coast with her anthropologist husband. She learns the art

of pottery making from the native women but doesn't need to do as much work as Marianne Alverson.

**Staender, Vivian and Gil.** *Our Arctic Year*, Alaska Geographic Society, 1985, (v. 12, No.4). They build a cabin in the Brooks Range and spend a year studying and photographing animals. They make it look easy and the photos are beautiful.

**Stark, Freya.** *Riding to the Tigris*, Harcourt Brace, 1959. A two week trek through Kurdish country from Lake Van in Turkey south to the Iraqi border. More philosophical than her usual writing with many insights about cultures. Some of her films were seized but still the book is lavishly illustrated with photos.

**Steffoff, Rebecca.** *Women of the World: Women Travelers and Explorers*, Oxford University Press, 1992. Short biographies with excellent photos of Pfeiffer, Bird-Bishop, Baker, Workman, Kingsley, David-N eel, Harrison, Boyd, and Stark with brief mention of Dodwell, Earle (diver), Wilby and Morris. The text is aimed at younger readers but is very good.

**Stewart, Elinor Pruitt.** *Letters of a Woman Homesteader*, The Atlantic Monthly Co., 1913, (Reprinted Houghton Mifflin pb, 1988). Joyful amid babies and very hard work "proving" her own land. A remarkable woman.

**Strong, Anna Louise.** *I Change Worlds: The Re-making of an American*. Henry Holt, 1935. Seal Press pb., 1979. Autobiography of the first part of her life 1885-1934 (she died in 1970). A brilliant woman (Ph.D. in 2 1/2 years in philosophy), she organized child welfare demonstrations, helped the Wobblies in the Seattle strike, then moved to the USSR and eventually China, working as a revolutionary journalist. The book details her struggle to understand why her dedication to causes and emotional activism don't provide the leadership acceptance she craves. In her younger days she relaxed by running summer camps on Mt. Rainier, organizing the first winter ascent of Mt. Hood and climbing in the USSR.

**Sutton, Annabel.** *The Islands in Between: Travels in Indonesia*, Impact Books, 1989 She and her American friend, Donna, travel for 10 months throughout Indonesia. Many difficulties with planes and land transport (the modern equivalent of porters and horses?). Most people friendly but once they are mistaken for Dutch and stoned. The climax is when they sleep in a long house during a Dyak festival. Lots of funny English, e.g. "sporty meat with chopped Basillican spies" = game stew flavored with basil.

**Suyin, Han.** *The Mountain is Young*, Jonathan Cape, 1958, (Reprinted Panther pb, 1973). Novel re a love affair between an Englishwoman and an Indian that gives a marvelous sense of the atmosphere and festivals in Katmandu.

**Taber, Gladys.** She has written a number of homey books about country living on her farm in western CT with a friend, Jill, raising cocker spaniels and later an Abyssinian cat, Amber. Most of the books are arranged by season. See *Stillmeadow Seasons*, MacCrae Smith Co. 1950, *Stillmeadow Sampler*, Lippincott, 1959, *The Stillmeadow Road*, Lippincott, 1962, *Country Chronicle*, Lippincott, 1974, and *The Best of Stillmeadow*, Lippincott, 1976.

**Taber, Gladys.** She and Jill also built a home in Orleans on Cape Cod and there are two nice books about this. *My Own Cape Cod*, Lippincott, 1971 and *Still Cove Journal*, Harper & Row, 1981, which was edited by her daughter and based on articles from the *Cape Cod Oracle* in the three years before her death at age 81 in 1980.

**Teasdale, Wendy.** *Walking to the Mountain: A Pilgrimage to Tibet's Holy Mount Kailash*, Asia 2000 LTD, 1996. In the late 1980s, the adventurous author hitches and walks from Lhasa to western Tibet and back. Lives simple with a real feel for Buddhism and the local people as well as natural beauty.

**Tetrault, Jeanne and Thomas, Sherry.** *Country Women: A Handbook for the New Farmer*, Anchor Press (Doubleday) 1979. Very readable with excellent drawings. Covers everything! Buying land, plumbing, carpentry, electricity, outdoor and indoor growing and preserving food, raising stock and poultry, treating diseases. Of interest to any do-it-yourselfer. Also includes a running diary of the breakdown of a marriage and emerging feminism.

**Thayer, Helen.** *Polar Dream*, Simon & Schuster, 1993. 50 year old woman pulls a sled to the Magnetic North Pole accompanied by her husky, Charlie, pulling his sled of dog food. She is stalked by polar bears, weathers fierce storms and loses her food and fuel but manages to sustain a positive attitude. A very well-written, gutsy book!

**Thayer, Helen.** *Three Among the Wolves*, Sasquatch Press, 2004 Enchanting account of camping with husband and part wolf dog off the Dempster Highway April-Sept. and on ice north of Tuk, Jan.-March. They get to know two wolf packs intimately and document very sophisticated social interactions including bringing food for the sick or injured and sharing discipline of the young. Read this book and you'll never shoot a wolf again!

**Thomas, Elizabeth Marshall.** *The Tribe of the Tiger*, Simon & Schuster, 1994. Great book about the whole cat family from house cats to pumas, tigers and lions. Many interesting anecdotes from her experiences in Africa, visits to zoos and circuses etc.

**Tinling, Marion.** *Women into the Unknown*, Greenwood Press, 1989. Biographies of an excellent selection of 42 women adventurers, both contemporary and foremothers. An extensive bibliography, some annotated, covers many other books. This book is a key reference, but expensive. Get your library to buy it!

**Tree, Isabella.** *Islands in the Clouds: Travels in the Highlands of New Guinea*, Lonely

Planet, 1996. Adventure travels, mostly in Papua New Guinea with one trip to Irian Java. In PNG, much tribal warfare, but they try to preserve customs in spite of considerable oil and gold development. In Irian Java, ethnocide and Western values. Great descriptions of places and people including a sing-sing at Mt. Hagen.

**Tullis, Julie.** *Clouds from Both Sides*, Sierra Club Books, 1986. Wonderful autobiography of this English climber who died on K-2. Not a feminist, but she talks freely of her feelings. Foreword by Arlene Blum.

**Ullyot, Joan.** *Running Free*, Putnam, 1980. Everything about women's running. How to start, how to train, benefits. Well written.

**Underhill, Miriam.** *Give Me the Hills*, Appalachian Mt. Club, 1956 or Methuen, 1956. Excellent autobiography by this American woman who climbed in the Alps, New England and Western U.S. and lived in Randolph, NH.

**Varawa Joana McIntyre.** *The Delicate Art of Whale Watching*, Sierra Club Books, 1982, 1991. Poetic essays on sensing (rather than thinking) about whales, dolphins, the sea etc. around Hawaii. Each sentence bears re-reading.

**von Tempski, Armine.** *Born in Paradise*, Literary Guild, 1940. Great descriptions of growing up on a ranch on Maui with her beloved father and help. Much re life there at that time, full of exciting adventures.

**Vyvyan, C.C. (Clara Coltman).** *Arctic Adventure*, Peter Owen, 1961. In the summer of 1926, she travels with her friend Gwen from England across Canada, by boat to Fort Smith, Great Slave Lake and the MacKenzie River to Aklavik. There they hire 2 Indian guides and complete the trek up the notorious Rat River. Things are easier going down the Bell and Porcupine where the guides leave them at La Pierre House and they paddle alone (with no previous experience before this trip!) to Old Crow, and then complete the trip with a guide to Fort Yukon where they sail down Alaska's coast to Vancouver island. Very well written by an intrepid lady!

**Wallis, Velma.** *Two Old Women*, Epicenter 1993, Harper Perennial, 1994. Two women 75 and 80 (Gwich'in) are left to die in the Yukon Flats because food is scarce and they constantly complained. They use their trapping and fishing skills and survive better than the rest of the group. All are reconciled in the end. "An Alaska legend of betrayal, courage and survival."

**Wangchuck, Ashi Dorji Wangmo.** *Thunder Dragon: A Portrait of Bhutan*, Viking/Penguin, 2006. Bhutan's queen treks through many remote areas, often staying with villagers. Lovely scenic descriptions. She heads a foundation to provide assistance to elderly, crippled and those without families. Really makes one want to visit, but the walking is very strenuous.

**Warmbrunn, Erika.** *Where the Pavement Ends: One Woman's Bicycle Trip through*

*Mongolia, China and Vietnam*, The Mountaineers Books, 2001. Mostly about gracious hospitality in Mongolia, unlike China and Vietnam.

**Warner, Esther.** *Seven Days to Lomaland*, Houghton Mifflin, 1954. Wonderful account of trek in 1930s in Liberia when she accompanies her house boy to his tribal village where he undergoes an ordeal by fire to prove his innocence of theft. Told mostly by dialogues between herself and the natives in which they exchange cultural beliefs. (She recounts Homer and Shakespeare and they enact the stories.) This is the best book I've read on Africa in regard to mutual communication rather than "us vs. them."

**Waterman, Laura and Guy.** *Forest and Crag: A History of Hiking, Trail Blazing, and Adventure in the Northeast Mountains*, Appalachian Mountain Club, 1989. An extensive and lively account of the exploration and development of hiking in the NE, emphasizing individual personalities, including some outstanding women. Includes Katahdin, the White and Green Mountains, Adirondacks and Catskills.

**Weaver, Harriet.** *Frosty: A Raccoon to Remember*, Chronicle Books, 1973. Archway pb 1974. Charming story of raising a coon for seven months by a woman who was a park ranger at Big Basin, 60 miles south of San Francisco for 20 years. Frosty was a real handful, affectionate, intelligent and into everything.

**Wearing, Alison.** *Honeymoon in Purdah: An Iranian Journey*, Picador, USA, 2000. Posing as honeymooners, Canadian woman and friend spend five months traveling around Iran. Mostly describes their encounters with locals rather than sightseeing. She finds the required layers of clothes for women very oppressive. Snappy writing style with long quotes in colloquial English.

**West, Rebecca.** *Black Lamb and Grey Falcon*, Viking 1941, Penguin 1986. A weighty 1150 + pp. describing a two month trip through Yugoslavia in 1937 with an in-depth review of the tangled history, ethnic and religious strife and scenery and artifacts. With great characterizations of people, strongly feminist views, beautiful prose and remarkable insights, the book is surprisingly readable.

**Whishaw, Lorna.** *As Far As You'll Take Me*, Dodd, Mead, 1958. Wife and mother leaves her B.C. home with \$38 and has an incredible 3 month set of adventures hitchhiking in the Yukon and Alaska, meeting many eccentric as well as helpful people. Very well written.

**Whitaker, Robert.** *The Mapmaker's Wife: A True Tale of Love, Murder and Survival in the Amazon*, Basic Books, 2004. French member of an expedition to determine the shape of the earth in the 1700's marries Peruvian woman in Quito. Separated for 20 years, she manages to rejoin him on an arduous trek over the Andes to a tributary of the Amazon. Well researched, very interesting scientifically and historically and excellent characterizations. Extensive web site provides current information about the area. [www.themapmaker'swife.com](http://www.themapmaker'swife.com).

**Wilder, Edna.** *Once Upon an Eskimo Time*, Alaska Northwest Books, 1989. Recounts a typical year in the life of 10 year old Nederwok, her grandmother, who lived to be well over 100, 1858-1979. The family lived on Rocky Point near Nome before contact with whites. Details in simple language how they fished and foraged and their legends and festivals.

**Wilkins, Mesannie with Mina Titus Sawyer.** *Last of the Saddle Tramps*, Prentice-Hall, 1967. 63 year old farming woman sets out from Maine with her horse, dog and \$32 to ride to CA. She receives many kindnesses along the way, often sleeps in jails, and earns money by selling autographed postcards. 16 months later, she makes it and appears on Art Linkletter's show. Although supposedly terminally ill when she started, the book was written 12 years later, during which time she'd continued to roam. A heartwarming and funny story.

**Williams, Vera.** *Three Days on a River in a Red Canoe*, Wm. Morrow, 1981. Mulberry, 1986. A charming children's book with especially nice paintings of an adventurous canoe trip.

**Wilson, Renate.** *Thank God & Dr. Cass*, Outcrop Ltd., 1989. Great biography of this English ophthalmologist who moved to the Northwest Territories at age 53 in 1956 after a career in Gibraltar. Arrogant with authority, she had a remarkable affinity with the Dene people and collected their stories and legends while aiming to "examine every eye in the NWT"--she almost did, with inexhaustible energy before her death in 1980 in Fort Smith.

**Winters, Kelly.** *Walking Home: A Woman's Pilgrimage on the Appalachian Trail*, Alyson Books, 2001. Although she didn't make it through NH and ME, this is an excellent book with a good balance of trail description, fellow hikers, and introspection.

**Wittmer, Margaret.** *Floreana: A Women's Pilgrimage to the Galapagos*, Moyer Bell Ltd., 1990. (Anthony Nelson Ltd. 1989, Verlag Heinrich Scheffer, 1959 in German as Postlegerand Floreana). German woman settles on a remote island in 1932 with her husband and stepson. Excellent, suspenseful account of eccentric fellow inhabitants, childbirth, WW II, volcanic eruption and distinguished visitors like President Roosevelt and Thor Heyerdahl. A great book.

**Wood, Christina.** *Safari South America*, Taplinger Publishing Co., 1973. (Originally published in Great Britain as *The Magic Sakis*). Rescuing animals stranded by a dam in Surinam, catching and exporting animals from Guyana and running an importing business in England with the animals living in her flat from which she contracts parrot fever. A lot of hairy adventures, a real affinity with wild animals (like Durrell) and well written.

**Woodin, Ann.** *Home is the Desert*, Collier Press, 1964, U. Arizona Press, 1984. Life near Tucson, AZ with her herpetologist husband, director of the Arizona-Sonora Desert Museum, and their 4 sons. Includes a beautiful description of a trip down Glen Canyon

just before it was flooded and graceful writing about the desert animals and plants at all seasons as well as anecdotes and many photos of the engaging wild animals they raised.

**Wordsworth, Jill.** *I Followed the Sun*, Wm. Morrow, 1959. Cheerful account of hitchhiking (including by airplane) from England to South Africa. Great descriptions of the people she meets and of her ability to cope with anything!

**Wright, Billie.** *Four Seasons North*, Harper & Row, 1973. Homesteading in the Brooks Range in Alaska. Husband, Sam, is unusually skilled and this is one of the better books. Cold for 10 months and then mosquitos. Plenty of game and air drops-- they don't say where they found the financing.

**Zepatos, Thalia.** *Adventures in Good Company: The Complete Guide to Women's Tours and Outdoor Trips*, Eighth Mountain Press, 1994. Discusses various sports with first person accounts of trips, specialized resources for disabled, lesbians, spiritual quests etc. and then annotates every company that offers women-only trips. A comprehensive and invaluable resource.

**Zeppa, Jamie.** *Beyond the Sky and the Earth: A Journey into Bhutan*, Riverbend Books, 1999. Young Canadian teaches elementary students in remote eastern village and later college students in small town. Excellent description of her transition between cultures

**Zheutlin, Peter.** *Around the World on Two Wheels*, Citadel Press, 2007. In 1894 a wife and mother of 3 young children rides a heavy bicycle from Boston to Chicago in a long dress. There she gets a lighter man's bike and bloomers, returns to New York, sails to France where she is warmly received, and travels to Japan, mostly by boat and back to San Francisco and Chicago to win a bet that she could bike around the world in a year. Using the fake name of Annie Londonderry and making up many wild adventures, she charms many, but still must be considered quite intrepid.

**Zwinger, Ann.** *Beyond the Aspen Grove*, Random House, 1970. Beautifully illustrated drawings of plants in Constant Friendship, their CO mountain home at 8300'. Describes everything by season on lakes, streams, meadows, and forests. Well written.

**Zwinger, Ann.** *Wind in the Rock: The Canyonlands of Southeastern Utah*, U. Arizona Press, 1986 (Harper & Row, 1978). Camping trips in John's, Slickhorn, Grand Gulch, Steer Gulch and Whirlwind Draw canyons near Four Corners. More personal than her other books as she talks of her discomforts and joys as well as archeological, historical and botanical information.

**Zwinger, Ann and Teale, Edwin Way.** *A Conscious Stillness: Two Naturalists on Thoreau's Rivers*, Harper & Row, 1982. Diaries alternating between the Assabet River (Ann) and Sudbury (Edwin) over several years just before his death. Lots of good historical information and lovely appreciation of the rivers.