



Mid-Atlantic Region

January – June 2010 Calendar

Women Outdoors website

Have you visited our new website yet? Go to www.womenoutdoors.org, look around and learn about our national organization. Then check out the Mid-Atlantic page in the “Our Regions” section for photos, news and to sign up for one of our adventures. Keep up with our activities by subscribing to the RSS feed on the News page in the Mid-Atlantic section.

Email address

Our email address is MidAtlantic@womenoutdoors.org. Please use this address for all correspondence, and make sure that your email service will accept emails from womenoutdoors.org.

Register in advance

Please register for our activities by clicking on the “Special Events” link on the Mid-Atlantic page, www.womenoutdoors.org/mid-atlantic. It will take you to a calendar with all of our upcoming events. Click on the link to the event and register online. The registration form asks for your name, email, home and cell numbers (in case something changes).

Please arrive on time

We will wait 15 minutes after the scheduled start time for any event. If you’re on your way, call the trip leader and let her know you’re almost there. Plan ahead, leave early and be on time.

If you must cancel

If you can’t make it to an event for which you’ve registered, please send an email to MidAtlantic@womenoutdoors.org by 5:00 p.m. Friday of the weekend of the event.

Bring your camera

Take lots of photos of our adventures and email them to MidAtlantic@womenoutdoors.org so we can post them on the Mid-Atlantic page or in our photo gallery. Please get permission from all women in the photograph in advance.

Our Activities

All of our activities are free for members and non-members of Women Outdoors. Non-members are invited to join us on two events before we ask you to join Women Outdoors.

Lead at trip

All members of Women Outdoors Mid-Atlantic are invited and encouraged to lead trips. Come to our planning meeting/potluck brunch on Sunday, April 18. Bring your calendar and ideas about what you’d like to explore.

Date	Event
Sunday, January 17 11:00 a.m.	A Winter's Walk – Prince William Forest Park, Triangle, VA. Start the new year on the right foot with a half-day hike. If by chance there's enough snow on the ground, we may change this to a cross country skiing/snow shoeing excursion.
Saturday, February 27 10:00 a.m.	Cabin Fever Hike – Little Bennett Regional Park, Clarksburg, MD. Time to get outside and shake off the late winter cobwebs. We'll explore Montgomery County's largest park on this half-day hike.
Saturday, March 20 10:00 a.m.	Battlefield Bike Ride – Antietam National Battlefield, Sharpsburg, MD. We'll bike the gentle rolling hills of Antietam and stop at the major sites from that famous Civil War battle. Plan on about a 20 mile bike ride.
Saturday, April 10 9:30 a.m.	Billy Goat Hike and Scramble – Potomac, MD. It's not called the Billy Goat trail for nothing. This perennial favorite offers some of the best views around and a few challenging rock scrambles.
Sunday, April 18 11:00 a.m.	Planning Meeting / Potluck Brunch – Takoma Park, MD. Come bring your ideas for adventures for July - December 2010. Good food, great women. Be there.
Saturday, May 8 10:00 a.m.	Tiptoe Through the Trillium Hike – Thompson Wildlife Management Area, Paris, VA. People come from miles around to see the millions of trillium. This eight mile full-day hike will be a treat for wildflower lovers.
Friday, May 28 – Monday, May 31	31st Annual Women Outdoors National Gathering – Nature's Classroom at Sargent Center, Hancock, NH. Join us for a fabulous weekend of hiking, biking, kayaking, canoeing, birding, you name it. See the "The Gathering" page on www.womenoutdoors.org for more details and to register for this terrific weekend getaway.
Saturday, June 5 10:00 a.m.	Mattawoman Creek Kayaking – Indian Head, MD. Celebrate the first anniversary of the Mid-Atlantic chapter of Women Outdoors with a leisurely paddle up Mattawoman Creek. Kayaks will be available to rent.