

CT Women Outdoors Winter Calendar
January - March 2010

Please contact the trip leader at least 2 days prior to the event, or as specified, if you are interested in attending. To get more detailed info on event, please contact the Connecticut Regional Contact (RC) Liz Maher at CT@womenoutdoors.org. All participants must sign the [Assumption of Risk](#) form.



JANUARY

Saturday, Jan. 30th, Downhill Skiing, 10:00 a.m., Ski Sundown, New Hartford, CT. Come Downhill in the Northwest Corner of CT, at Ski Sundown. This is a good opportunity to learn. We'll be joining another group, so we'll be able to get group rates and can otherwise be on our own as a group throughout the day. Snow boarders welcome. **Please contact Liz at CT@womenoutdoors.org by Thursday 01/28.**

FEBRUARY

Tuesday, Feb. 2nd, Women's Basketball, 7:00 – 9:00 p.m., West Hartford, CT. - Not a Women Outdoors sponsored event, but many of our members play and a great time for all! Get some real exercise and fun in a supportive environment. Takes place at King Philip Middle School in the gym easily accessed off Mohawk Street. The cost is \$5.00 for the evening. **Contact Liz at CT@womenoutdoors.org for further details. Rain or Shine.**

Sunday, Feb. 7th, Winter Poker Game, 12:00 – 6:00p.m., Springfield, MA- Enjoy a variety of different types of poker games with dealer's choice. Buy into it for poker chips that way we don't have to deal with change. Poker chips will be monetary values of: 50 cent, 25 cent, 10 cent and 5 cent. Please BYOB and snacks will be provided!!! The event will go from 12:00-6:00 p.m., but get there when you can and stay for as long as you want. You'll have plenty of time to get home for the Super Bowl! **Contact Liz at CT@womenoutdoors.org. Rain or Shine.**

Tuesday, Feb. 9th, Women's Basketball, 7:00 – 9:00 p.m., West Hartford, CT. - Not a Women Outdoors sponsored event, but many of our members play and a great time for all! Get some real exercise and fun in a supportive environment. Takes place at King Philip Middle School in the gym easily accessed off Mohawk Street. The cost is \$5.00 for the evening. **Contact Liz at CT@womenoutdoors.org for further details. Rain or Shine.**

Sunday, Feb. 14th, Hike or Snow Shoe, 12:00 p.m., West Hartford Reservoir- Meet at Gate #6 on Route 44 for an easy to moderate snow shoe or hike (if no snow) through a serene wooded trail alive with wild life. **Contact Liz at CT@womenoutdoors.org. Rain Cancels.**

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Sunday, Feb 28th, The Bow-Wow Walk, 12:00 p.m., Vernon Rail Trail- Easy walk with your favorite pooch on a lovely paved trail. Please bring you, a well-behaved, social dog if you have one, snacks, water for both, a leash, and a bag for dog poop. We'll meet at the Sacred Heart Church, 550 Hartford Turnpike (Route 30), Vernon, CT, approx. 1.5 hour. **Contact Liz at CT@womenoutdoors.org. Rain Cancels.**

MARCH

Tuesday, Mar. 2nd, Women's Basketball, 7:00 – 9:00 p.m., West Hartford, CT. - Not a Women Outdoors sponsored event, but many of our members play and a great time for all! Get some real exercise and fun in a supportive environment. Takes place at King Philip Middle School in the gym easily accessed off Mohawk Street. The cost is \$5.00 for the evening. **Contact Liz at CT@womenoutdoors.org for further details. Rain or Shine.**

Saturday, Mar. 6th, Big Ball Bowling, 1:00 – 3:00 p.m. - Let's get some exercise and have some fun! We'll meet at the South Windsor Ten-Pin Bowl, 95 John Fitch Blvd., South Windsor, CT. Bring your bowling ball and shoes if you have them. Shoe rentals

and various weight bowling balls are available at the bowling alley. **Contact Liz at CT@womenoutdoors.org. Rain or Shine.**

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Friday, Mar. 12th –Sun. 14th, Hike/Snowshoe/X-Country Ski, Stump Sprouts Lodge, Hawley, MA- Come join us for a wonderful weekend get-away. Stump Sprouts offers a wonderful contemporary lodge with a spacious living-room with fireplace, bunk beds, and double beds. Hike, snowshoe, or cross country ski through the beautiful serene woods. We play cards, board games, read books, and just have fun! There is also a nice sauna, rec. room with pool table, ping-pong table, and a dance floor. The price is \$159 plus 6% sales tax and an \$80 deposit is required. Six delicious meals are provided. **Contact Liz at CT@womenoutdoors.org. Rain or Shine.**

Tuesday, Mar. 16th, Women's Basketball, 7:00 – 9:00 p.m., West Hartford, CT. - Not a Women Outdoors sponsored event, but many of our members play and a great time for all! Get some real exercise and fun in a supportive environment. Takes place at King Philip Middle School in the gym easily accessed off Mohawk Street. The cost is \$5.00 for the evening. **Contact Liz at CT@womenoutdoors.org for further details. Rain or Shine.**

Saturday, Mar. 20th, St. Patrick's Day Road Race, 12:00 - 3:00 p.m. A 10K / 6.2 mile certified road race thru the streets of Holyoke, MA. It's a challenging, hilly course, but the huge, supportive crowds and Irish fever make it all worth-while! Last year, some enthusiastic fans lining the route were offering runners beer instead of water and I was lapped by a guy in a leprechaun suit!!! I'm just running it for fun and not registering. However, those wanting an official number, it's \$25.00 if you register before March 13th and \$35.00 the day of the race. We'll meet at my house and carpool to the race. **Contact Liz at CT@womenoutdoors.org. Rain Cancels.**

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Saturday, Mar. 27th, Breakfast & Hike or Snowshoe, 10:00 a.m. Windsor. Pancake Breakfast and Hike on the premises of Northwest Park, Windsor. \$5:00 for pancakes, (maple syrup from their own maple sugar house at NWP) sausage, juice, coffee, etc. We can work off the breakfast with several light to moderate hiking trails along the

Rainbow Reservoir. NWP offers cross-country and snowshoe rentals, a Nature Center, Coffee House, live animal exhibits, picnic facilities and much more. Please see their website, www.northwestpark.org for further details of the park. **Contact Liz at CT@womenoutdoors.org. Rain Cancels.**

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