



Rhode Island and Southeastern Massachusetts Women Outdoors

Spring - Summer 2011 Newsletter

Welcome to Rhode Island and Southeastern Massachusetts Women Outdoors events and activities. If you want more information about Women Outdoors, contact the Regional Contact, Sondra Spencer, at rhodeisland@womenoutdoors.org or call 401-846-2390 by the Thursday prior to the activity.

The annual Women Outdoors Gathering will be held over Memorial Day weekend, near Peterborough, NH; it's a great weekend, so plan to attend! Check the Women Outdoors web site, www.womenoutdoors.org, for information.

March

- 6 Fort Barton Walk, Tiverton, RI, 1:30pm.** Approximately 2 miles of trails through the woods, with beautiful variety of trees and wildflowers (not yet in bloom), stone walls and a brook. Bring a bag lunch / snacks and water; trail will probably be wet, so boots are recommended. Canceled if raining.
- 26 Caratunk Wildlife Refuge Walk, Seekonk, MA, Noon.** Wooded walk in the Audobon Society's Caratunk Refuge. Bring a bag lunch / snacks and water; trail will probably be wet, so boots are recommended.

April

- 16 Gidley Farm Walk, Dartmouth, MA, 1pm.** Bring lunch / snacks and water, boots recommended.
- 30 Run of the Charles, Boston, MA.** Women Outdoors is entering 2 teams into the Run of the Charles relay event. Add your name to the team roster alternate list or come on up and cheer. For more information, check the Women Outdoors website, www.womenoutdoors.org, and click on 'Latest News'.

May

- 7 Russell Mills River Hike, South Dartmouth, MA, 10am.** Bring lunch / snacks and water, boots recommended.
- 27 - 30 Women Outdoors Gathering, Peterborough, NH.** Join outdoor women from across the country for the 32nd Annual Women Outdoors Gathering. Workshops and activities are scheduled throughout the weekend, lodging and food are included in the fee. Watch your mail / email boxes for registration information or check the Women Outdoors website, www.womenoutdoors.org, and click on Gathering for information.

June

- 5 Ten Mile River Greenway Walk, Rumford, RI, Noon.** 4 mile scenic walk along bike path. Bring lunch / snacks and water.
- 11 Arnold Arboretum, Boston, MA, Noon.** Visit Harvard University's Arnold Arboretum in Boston, info at <http://arboretum.harvard.edu>. Bring water and lunch / snacks and enjoy the walk through the seasonally blooming plants and trees.
- 19 Bike Ride, N. Attleboro, MA, Noon.** Bring water and snacks, helmet required.
- 24 -26 Myles Standish Camping Trip, Carver, MA.** Camping weekend at Myles Standish State Forest. Weekend cost is in the \$10 - \$20 range per person. Bring outdoor toys such as kayaks, bikes, hiking shoes. If you'd like to come out and play with us during the day, without camping

overnight, that is ok, too. Deposit required for camping; camping group limited to 12 or reserve your own campsite.

July

10 Adamsville Kayak, Adamsville, RI, 1:30pm. Kayak trip on the Westport River; PFD required.

30 Lincoln Woods Cookout & New Member Welcome, Lincoln, RI, Noon. Bring your outdoor toys – kayak, canoe, bikes, swimsuit, hiking shoes - and spend the day playing outdoors with us. We'll provide a cookout, but you are welcome to bring food / beverages to share or for yourselves (alcohol not allowed in State Parks).

August

13 Narragansett Bay Kayak, Portsmouth, RI, 11am. Put in at Melville in Portsmouth, we'll paddle out to Dyer Island for exploration and lunch, and paddle back to Melville. Bring lunch / snacks and water, PFD required.

28 Kayak Plymouth Harbor, Plymouth, MA, 1 pm. Explore Plymouth Harbor by kayak; PFD required.

September

2 Pawsox Night, Pawtucket RI, 6:45pm. Take in a Pawsox baseball game with us!

Join Us!

If you are a woman who loves the outdoors, Women Outdoors is for you. Women Outdoors is a national network of diverse women engaged in the enjoyment of outdoor activities. We provide a supportive environment where all women can have fun and challenge themselves in a community of women who love the outdoors while respecting the Earth.

If you are joining Women Outdoors for the first time or renewing your membership, consider using our easy online registration process. For new members, just click on the **Join Us** button at www.womenoutdoors.org and follow the steps. Renewing members also click on the **Join Us** button and then the **Renew** link. From the Renew page, click on **View profile** (you'll be prompted to login), and then follow the steps.

Join online and pay by credit card or Paypal or by mailed in check. Any questions? Send us an email at Info@womenoutdoors.org. Thanks for joining Women Outdoors! You can also join by mailing in the following form.

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (home) _____ (work/cell) _____

Email address _____

Region Rhode Island and Southeastern Massachusetts

(See the **Our Regions** page on our website for the complete list of regions. If there is no region in your area, please write in "unaffiliated.")

How did you learn about Women Outdoors? _____

Tax Deductible – Women Outdoors is a 501 (c) (3) nonprofit organization. Your entire Women Outdoors membership fee is tax deductible.

Women Outdoors strives to create an atmosphere of trust, safety and respect for all Women regardless of age, class, ethnicity, marital status, physical ability, race, religion, sexual orientation or size. We encourage each participant in Women Outdoors to honor confidentiality and avoid making assumptions about others.

Membership Dues

___ \$30 Individual

___ \$55 Joint (2 women, same address)

___ \$15 Junior / Student / Senior (under 18 / full-time student / over 65)

___ \$75 Contributing Member

___ \$100 Nonprofit Organization

___ \$500 Corporation

___ New Member

___ Renewal

Please make checks payable to:
Women Outdoors, Inc.
39 Hillside Road
Portsmouth, RI 02871