

Finger Lakes Women Outdoors

Winter 2012 Calendar/Newsletter

For Prospective Members

Web Site Highlight – Member Only Resources



Women Outdoors offers a variety of resources for women who want to explore the outdoors. Last calendar we reviewed the resources open to the public. This time we will review member-only resources. Once you have logged in, the Members Only link is available on the navigation bar. When you click on that link, you will have links to additional member resources. This includes our Women Outdoors Bibliography with reviews of over 1000 current and classic books by women on adventure travel, wilderness and country living, and nature study. Also available are back issues of our magazines, going back to Fall 2007.

RSVP Please remember to be courteous and confirm plans to either attend or cancel with the trip leader. There is nothing more frustrating for a trip leader than being stood up. Because of this, our trip leaders may cancel an event if she has not received any RSVP's 3 days prior to the event. In addition, events may be rescheduled for either weather or personal reasons. So please do not show up without confirming. **RSVP to all events at:** Sandy at FingerLakes@womenoutdoors.org or 315-651-5645 (unless indicated otherwise).

Winter Calendar Summary

Sun – Jan 15 noon – Meet up at the Mendon Ponds Park Winter Festival (11-4)
Sun - Jan 22 - Snowshoe or Ski at Mendon Ponds Park
Sat – Jan 28, 10 am - Hike or Snowshoe FL Community College Trails + lunch, Canandaigua
Sat - Feb 4 - Tinker Park Henrietta X country ski
Sat - Feb 11, 1pm – Hike or Snowshoe Auburn Trail in Victor
Feb 17-19 –Ski/Winter weekend at Byrncliff
Sat - Feb 25, 1pm – Ice Skating at Manhattan Park Square, Rochester
Sat - Mar 3, 2 to 3:30pm - Ellison Park in Rochester x country ski trip or a hike
Sat – Mar 17 Maple Sugar Festival at Cummings
Sat - Mar 24 – Planning Meeting plus showing of Marion Stoddart DVD

Calendar

January 15 (Sunday, noon) Mendon Ponds WinterFest

Meet up with other Women Outdoors members this Sunday at the Mendon Ponds WinterFest. The festival is from 11-4. If you'd like to hang out and enjoy the festival with other Women Outdoors members, then meet Margaret at noon at the Stewart Lodge. Let her know you are coming. More info about the Festival at: <http://www.mendonpondswinterfest.org/>

January 22 (Sunday, 2 pm) Hike, Snowshoe or Ski at Mendon Ponds Park

Meet at nature center. Bring water, poles, shoes or skis (depending if there is snow). We will go out on the trails for about an hour and a half, then stop to bird watch or feed.. Open to going for coffee or light early dinner afterwards in Pittsford or surrounding area...

January 28 (Saturday 10:00 am) Hike/Snowshoe +Lunch, Canandaigua

Explore the trails at Finger Lakes Community College. Snowshoe/hike 4 miles through woods, over bridges across meadows with some very pretty views of Canandaigua Lake to boot! Bring your own snowshoes, water, snack. Lunch at nearby Peppers.

February 4 (Saturday 2pm-3:30pm) X Country Ski at Tinker Park, Henrietta

Easy flat trail, beginners welcome. Enjoy the winter wonderland and stay in shape with cross-country skiing. Rentals are available. Homemade soup following skiing at Reba's house.

RSVP reba@womenoutdoors.org 585 381-9152

February 11 (Saturday, 1:00 pm) Hike Auburn Trail, Farmington, NY

Hike the Auburn Trail. Meet at Mertensia Park in Farmington. Here is a link to information about the trail: <http://www.traillink.com/trail/auburn-trail.aspx>

RSVP reba@womenoutdoors.org 585 381-9152

Feb 17-19 Winter Weekend at Byrnclyff, Varysburg (Members Only)

Join us for a ski weekend at Byrnclyff Resort and Conference Center. Arrive on a Friday and leave Sunday. There are groomed trails for cross country skiing (that are also lit for night skiing) & snowshoeing in a beautiful, hilly country setting, very pretty. Some of the trails are challenging, and some are quite easy. They also teach cross country skiing, but that has to be arranged in advance of the weekend. When we went two years ago, their Friday night fish fry was quite tasty & they had live music and dancing on the Saturday night we were there. There are 2 double beds in each room.

Weekend Overnighter Package - Commencing Friday

- 2 Nights Lodging
- 3 Days Unlimited Skiing or Snowshoeing
- 2 Dinners& After Dinner Drink
- 1 Breakfast Buffet
- 1 Sunday Brunch
- Price per Person: **\$170.00**
- **\$200.00** with Rental equipment

February 25 (Saturday 1:30 pm) Ice skate outdoors at Rochester's Manhattan Square Park during the 1:50-3:20 skate period. Skating fee \$5 adults, skate rental \$3. Parking at adjacent Strong National Museum of Play Woodberry Blvd.

March 3 (Saturday 2pm-3:30pm) X Country Ski or Hike at Ellison Park, Rochester

Crossx country ski trip or a hike (depending on the weather and snow cover) followed by hot chocolate at Reba's house .Mostly flat tree lined path . Beginners welcome.

RSVP reba@womenoutdoors.org. 585 381-9152

March 17 (Saturday, 11 am) Maple Sugar Festival at Cummings

A springtime tradition for many Western New York families, Maple Sugaring explores the science and lore of maple syrup production with volunteer guides along the Pioneer Trail. Learn how a tree makes sap and discover the different processing techniques of Native Americans, early pioneers, and today's modern

sugar bush managers. Highlights include a 100 percent pure maple syrup tasting in the sugarhouse, and a pancake meal in the visitors center.

- Sugaring demonstrations: 10am-3pm

- Pancake meals served: 9am-1pm

Pancake Meal Cost (includes nature center admission):

-Adult meal (5 pancakes + 2 sausages): \$10; RMSC members \$9

-Child meal (3 pancakes + 1 sausage): \$8; RMSC members \$7

All meals include pure maple syrup and a choice of beverage. Program admission without the pancake meal is \$3 per person (\$10 per family).

We did this last year and really enjoyed it! Beautiful woods area for hiking, flat easy hike. Maple sugar demo is fun and interesting. Food is yummy and you get a pint of maple syrup with the breakfast to take home. RSVP by March 15.

March 24 (Saturday, 10am) – Planning Meeting plus showing of Marion Stoddart DVD

We are pleased to bring to the Finger Lakes region a showing of this DVD, highlighting the important work of Marion Stoddart, one of the Founding Mothers of Women Outdoors.

Work of 1000 is a documentary about the parallel journey of two characters, one a young woman discouraged at her future as a suburban housewife, the other a river - once beautiful and teeming with wildlife - now a hopeless, toxic sludge pit. Chronicling an important episode in U.S. environmental history, this inspirational story examines the human side of acclaimed environmental pioneer Marion Stoddart. Marion Stoddart proved that with vision and commitment, an "ordinary" person can accomplish extraordinary things. This film will reveal the secrets of her success and her methods for inspiring change.

See more at <http://www.workof1000.com/index.htm>

Location: Wood Public Library, Ewing Family Community Room,
134 North Main Street Canandaigua, NY 14424

RSVP: Please register online at <http://www.womenoutdoors.org/flnycalendar>

The event will be followed by our Spring Planning Meeting, approximately at 11:30 am. The public is invited to remain and join us.